



Ajax Premier Soccer

2015-2016 season



Ajax Player Expectations

Leszek Wrona
Coaching Director

Please review these rules yourself and with your family. These rules will be enforced. To have a successful team these guidelines need to be followed.

- 1) Players are expected to be dedicated to the ideas and philosophies of the Ajax coaching staff.
- 2) Players are expected to attend all training sessions and maintain strict adherence to the coach's instructions. If you cannot make a practice you must notify your team manager. All players are expected to be on time, properly dressed, and equipped for practices. The dress code shall include appropriate shoes, shin guards, t-shirts and soccer shorts. All players must have a ball for all practices and games
- 3) Players are expected to attend all practices and games. Absence due to unusual circumstances should be discussed with the coach or manager as far as possible in advance of an event. Absences may result in reduced playing time in the team's next game or other appropriate corrective action being taken by the coach.
- 4) Players are expected to arrive for outdoor games a minimum of 40-45 minutes before the start and 25-30 minutes prior to the start of indoor games.
- 5) Players are expected to maintain team dress standards. Players may only wear an approved team uniform during games and are expected to take pride in their appearance when representing their team. Shin guards are mandatory at all times and shirts must be tucked in. Hair must be pulled back so it does not obstruct the players vision.
- 6) Players must respect officials and accept decisions without question.
- 7) Players must train with seriousness towards result. No horseplay will be tolerated during training.
- 8) Players must promote teamwork by providing encouragement to teammates. Negative comments towards teammates, coaches, fans and staff will not be tolerated.
- 9) Substitutions must observe the game from the bench and provide encouragement to their teammates. They must remain on the bench until told by the coach to enter the field of play. No excuses.
- 10) Parents and fans on the sideline are expected to provide encouragement to the team. Please refrain from making negative comments towards players, officials, other parents and the coaching staff. As their coaches, we must have the team's complete attention so that we can correct mistakes and reward good play. The player/coach relationship is a significant part in the development of a player.
- 11) All players are expected to maintain the highest standard of conduct and good sportsmanship. Failure to adhere to these standards may result in suspension by the coach or coaching staff.
- 12) Dual rostering with a travel team must be approved by the coaching director if you are selected to an Ajax team.
- 13) Players may use cell phones during practices and games only for emergencies. Cell phones may be kept in the player's bag during practices and games but must be turned to the silent ring tone.
- 14) At all times you are representing Ajax Premier and its good name. Appropriate behavior by players, parents and coaches will be expected at all times.