

Adult Care Worker

To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competencies and skills to provide high quality compassionate care and support.

They are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care.

Job roles are varied and determined by and relevant to the type of the service being provided and the person supported. Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings. Personal assistants do the same job as an Adult Care Worker and work directly for one individual usually within their own home.

These are the personal attributes and behaviours expected of all Adult Care Workers:

- Care – is caring consistently and enough about individuals to make a positive difference to their lives
- Compassion – is delivering care and support with kindness, consideration, dignity and respect
- Courage – is doing the right thing for people and speaking up if the individual they support is at risk
- Communication – good communication is central to successful caring relationships and effective team working
- Competence – is applying knowledge and skills to provide high quality care and support
- Commitment – to improving the experience of people who need care and support ensuring it is person centred

Funding cap

£3,000

Average duration

12 - 18 months

Level 2

GCSE A-C equivalent

Qualifications

**Level 2 Diploma in
Health and Social Care
(Adults)**

Professional Accreditation

n/a

Assessment

- Care Certificate
- Level 2 Diploma
- 60 multiple choice questions
- 45 minute Professional discussion
- Grading (pass, merit, distinction)



For further information, contact CQM
0114 281 5781 or **info@cqmlearning.co.uk**