



# Understanding and Managing Diabetes

There is an emerging global epidemic of diabetes. In the UK alone, 3.2 million people are diagnosed with the disease and an estimated 630,000 people have the condition but don't know it. It is believed that deaths from diabetes will rise by more than 50% in the next ten years. Simple lifestyle measures can be effective in preventing or delaying the onset of this chronic, debilitating and often deadly disease.

## Course Content

- Diabetes diagnosis and initial care
- Importance of ongoing care
- Correct treatment of diabetes to control blood sugar levels

## Mandatory units

- Understand diabetes
- Prevention and early intervention of Type 2 diabetes
- Initial care of diabetes
- Treatment and management of diabetes

**Qualification**

Fully Funded  
Level 2 Certificate  
Distance Learning

**Guided Learning Hours** 105

**Course length** 10 weeks



To enquire about this course, call Claire at CQM Learning  
0114 281 5761 or [claire.eley@cqmlearning.co.uk](mailto:claire.eley@cqmlearning.co.uk)