

## Why Attend the Blue Knight Football Clinic?

- Provides athletes with an opportunity to improve football related skills.
- Encourages athletes to compete in a positive environment.
- Allows athletes to develop social relationships through teamwork and team building activities.
- Introduces athletes to current SHS Football players and staff.

*I hereby authorize the staff of the Blue Knight Youth Development Football Clinic to act for me according to their best judgment in any emergency requiring medical attention. I know of no pre-existing condition or illness, which would effect my child's ability to participate fully. My child has a current physical that clears him/her for all physical activity. I further acknowledge that anyone associated with the Blue Knight Youth Development Football Clinic will not be liable for any damage from injury or illness sustained at the camp.*

Parent/Guardian Signature: \_\_\_\_\_

Insurance Carrier : \_\_\_\_\_



**FOR: Students entering 3rd grade to 9th grade.**

**Coach Mike Drury  
111 Nelson Farm Road  
Bristol, CT, 06010**

Phone: 860-384-4518  
E-mail: [mdrury90@gmail.com](mailto:mdrury90@gmail.com)



**SOUTHINGTON  
FOOTBALL  
State Champions –  
1998, 2013, 2014**

## 2018 BLUE KNIGHT YOUTH DEVELOPMENT FOOTBALL



**DATES:  
JULY – 9-13**

**LOCATION:  
SOUTHINGTON  
HIGH SCHOOL**

**TIME:  
5-7:30 PM**

**FOR: Students entering 3rd grade to 9th grade.**

# CAMP DETAILS

## Mission Statement

The purpose of the Blue Knight Development Football Camp is to promote football in Southington and provide any and all athletes interested in football with the opportunity to improve their skills in a positive, safe and competitive environment.

## All Athletes will Receive

T-Shirts

## Camp Awards

Skills Challenge Winners

Punt, Pass and Kick Winners

Hustle Award

Sportsmanship Award

BKF Football Experience

## Camp Staff

Current SHS Football Coaches

Current SHS Football Players

## Guest Speakers

Current College Players

## What Athletes Should Bring

Cleats and sneakers everyday. (In Case of Rain)

Athletic Shirt and Shorts.

Water (Will be provided as well)

Inhaler (If needed)

Positive Attitude!

## Daily Itinerary

4:30– Sign in/Registration and “Throw Around” with current SHS Players.

5:00-5:10- Dynamic Warm-Up and Stretch

5:10-5:40– Offensive Individual Skills

5:40-5:45– Water Break

5:45-6:15– Defensive Individual Skills

6:15-6:20– Water Break

6:20-6:40– Skill Circuit

6:40 – 6:45 - Water Break

6:45 – 7:10 - Competitive Activity/Team Skills

7:10-7:30- Player Development (Leadership, School, Team Building, High School/College Player Address...etc)

**\*Please Fill Out and Detach Registration Form and Liability Waiver. Please include a check and make it out to “Mike Drury”**

## Send Forms and Payment to:

111 Nelson Farm Road

Bristol, CT, 06010

C/O: Mike Drury, Head Football Coach

## 2018 BLUE KNIGHT YOUTH FOOTBALL CLINIC REGISTRATION FORM

Athlete Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_

T-SHIRT SIZE (youth/adult) \_\_\_\_\_

2018-2019 School Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Parent/Guardian Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Registration and Cost

- Register by June 29<sup>th</sup>, 2018 - \$120

- Register after June 29<sup>th</sup>, 2018 - \$125

- Daily Rates - \$25