



Qatar Institute for Intercultural Communication

Education City – Doha – Qatar

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Psychological Capital in the Global Environment

Psychological Capital (PsyCap) is a higher order construct involving Hope, Optimism, Resilience, and Efficacy. Building on the work of Positive Psychology, PsyCap, in the last decade, in a variety of research, has shown to have a powerful impact on productivity, wellbeing, and effectiveness in organizations, military, and communities. In this session, participants will explore the why of PsyCap, and the how of PsyCap, to enhance personal and organizational success and wellbeing.



Dr. Helen Abdali Soosan Fagan is a leadership and diversity scholar and consultant with over 25 years' experience in the human resource field. She is currently the president of Global Leadership Group and a lecturer at the University of Nebraska-Lincoln. She studied international economics and British political economy at Oxford University during the formation of the European Union. In 2000, Helen became the first coordinator of a nationally recognized diversity and cultural competence initiative for a large health system in Nebraska. During that time, she played a key role in the recruitment/resettlement of nurses from the Philippines, addressing employment and healthcare needs of refugees and immigrants. She has received multiple awards, most recently Professor-of-the-Month by the University of Nebraska-Lincoln: Mortar Board.

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