



Qatar Institute for Intercultural Communication

Education City – Doha – Qatar

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Cross-Cultural Transition for Professionals

Global Opportunity! See the World! It all sounds (and is so exciting at first, and most who have done it look back on the experience as a highlight of their lives. But...in between, transitioning to a new culture to pursue a work opportunity can present plenty of challenges, both personally and professionally. We'll take a look at an array of reasons it can be hard to move to a new country, from the under-appreciated practical challenges to the communication, identity, social, and values-based differences that can make an intercultural transition confusing and frustrating. We'll also examine the factors that make having a job in a new country a challenge, especially when the job is away from headquarters and supervisors. We'll share research on what's hard and how individuals and families have successfully managed stress. Participants will both examine their own intercultural transitions and learn how to help others understand the factors affecting theirs.



Dr. Anne P. Copeland is a clinical psychologist, and the founder and director of The Interchange Institute, a nonprofit organization focused on the understanding and support of people in intercultural transition. She was an associate professor of developmental, clinical, and family psychology at Boston University for the first half of her career, and now she conducts research and offers publications, cross-cultural training, and a training-of-trainers workshop, Crossing Cultures with Competence, through The Interchange Institute.

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