



March 13-15, 2018

Co-Creating Wellness Across Cultures

In the field of intercultural competence, we are often asked "What is the best approach to address the increasingly diverse and complex health-care world? Is it cultural competence? Is it cultural humility? Is it addressing privilege, power, and inequality? Is it providing culturally and linguistically appropriate training? Is it addressing structural competence? I always answer, "Yes." All of these approaches are important, but each takes a piecemeal approach to a large and complex issue. This workshop presents ways to integrate both macro-level (structures and institutions) and micro-level (individuals and interpersonal connections) dimensions, and explores how the different stakeholders need to work together to co-create optimal solutions. The workshop is designed for diversity and inclusion officers in hospitals and medical schools, practitioners, policy makers, consultants, trainers, and non-governmental professionals.



Dr. Nagesh Rao, is Special Advisor, Inclusion & Faculty Affairs, Heritage College of Osteopathic Medicine (HCOM), Ohio University, with 25 years of research and applied work analyzing the intersection between health, culture, and communication in HIV/AIDS prevention, family planning, drinking and driving, drug use, doctor-patient communication, and healthcare systems. He just helped create a new Office of Inclusion for the Heritage College of Osteopathic Medicine with a vision for all students, faculty, and staff across three campuses to appreciate all aspects of diversity and to create a fair, equitable, and inclusive climate.

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