



Session I, July 12-14, 2017

1. Storytelling for Intercultural Reflection

Telling stories about our own lives is an ancient way to convey values, share history, and probe meaning. Ask people to tell a story about something important that happened to them, and you set them aloft into a discovery of things they didn't know they knew. We will examine a number of ways to use storytelling in training to help people reflect on their cultural values and intercultural experience. The primary focus will be on telling your own experience, but we will also explore the telling of metaphorical stories to convey meaning. You will leave the workshop with the beginnings of your own intercultural autobiography and the tools to help others—students, clients, co-workers—look into theirs.

Designed for: Intercultural trainers, coaches, therapists, writers, educators, study abroad professionals, and anyone involved in exploring intercultural journeys.

Workshop Objectives

- Explore your own intercultural histories, orally and in writing, using a series of prompts and activities
- Learn from others in the workshop about different intercultural pathways to understanding
- Learn how to use storytelling prompts and activities to help others tell their stories
- Understand the power of knowing multiple stories about other cultures as well as your own

Learning Activities

- Brief lectures and group discussions to clarify concepts and applications
- Interactive exercises that illustrate those concepts and applications
- Learning from master writers and storytellers through video and audio channels
- Written and oral storytelling in response to various prompts
- Examination of cultural concepts revealed in everyday stories



Dr. Anne P. Copeland is a clinical psychologist, and the founder and director of *The Interchange Institute*, a nonprofit organization focused on the understanding and support of people in intercultural transition. She was an associate professor of developmental, clinical, and family psychology at Boston University for the first half of her career, and now she conducts research and offers publications, cross-cultural training, and a training-of-trainers workshop, *Crossing Cultures with Competence*, through *The Interchange Institute*.