Bar Mitzvah Trip – 2016

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
Program		Viewpoint of Jerusalem	Bet Oved- Center for dogs for the blind	Machon Ayalon	Bar Mitzvah Davening	Machane Yehuda	Shabbat in Jerusalem
	6:30 PM Arrive in Ben	Time elevator	Dialogue in the	Independence hall	at the Kotel Family Photos	Shopping/Free Time	Tefilla
	Gurion VIP Concierge	Tour of Old City	Darkness	Choice of Safari	Bar Mitzvah Celebration	Preparation for Shabbat	Lunch at the Hotel
	Escort at Airport Drive to	Jewish Quarter	Save a Child's Heart	Bicycle Tour of Neve Zedek	Brunch in Mamilla	Kaballat Shabbat	Walking Tour of Rechavia/Yemin
	Jerusalem	City of David Kotel Tunnel Tour	Nachalat Binyamin	Simchat Halev- Learn the basics	Distribute food at Soup	at the Kotel Dinner at the	Moshe Havdalah
	Check In to Hotel	KOTCI TOTITICI TOO	Jaffa port and	of "Medical Clowning"	Kitchen/Pantry Packers	Hotel	Motzei Shabbat –
			dinner at Na- Laga'at	C	Challah Baking in Nachlaot		Sound and Light Show
Accommodation	Leonardo Plaza	Leonardo Plaza	Leonardo Plaza	Leonardo Plaza	Leonardo Plaza	Leonardo Plaza	Leonardo Plaza
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
Program	Yad Vashem Hertzl Museum	Check out of Hotel	Hike the Arbel	Tour of Tzefat	Check out of Hotel	Davidson Center	Shabbat in
					110101		Jerusalem
	Biblical Zoo	Latrun	Kfar Kedem – Donkey Ride & Chafla	Candle Factory Arizal Mikveh	Drive to Dead Sea	Machon Hamikdash	Tefilla
	Biblical Zoo (for children) SHALVA-	Latrun Volunteering in Leket in Nahalal		Candle Factory Arizal Mikveh Volunteer with			
	(for children) SHALVA- Bar Mitzvah Program with a	Volunteering in Leket in Nahalal Visit Emunah	Donkey Ride & Chafla	Arizal Mikveh Volunteer with Livnot U'lhibanot	Drive to Dead Sea Ein Gedi Hike Visit Metzada	Hamikdash Shopping & Preparations for Shabbat	Tefilla Lunch at the Hotel Havdalah
	(for children) SHALVA- Bar Mitzvah	Volunteering in Leket in Nahalal	Donkey Ride & Chafla Tree-planting Ceremony in Lavi	Arizal Mikveh Volunteer with	Drive to Dead Sea Ein Gedi Hike Visit Metzada Dead Sea Swim	Hamikdash Shopping & Preparations for Shabbat Kabbalat Shabbat at	Tefilla Lunch at the Hotel
	(for children) SHALVA- Bar Mitzvah Program with a member of Shalva Meet a	Volunteering in Leket in Nahalal Visit Emunah Children's Home in Afula Check In	Donkey Ride & Chafla Tree-planting Ceremony in Lavi Forest	Arizal Mikveh Volunteer with Livnot U'lhibanot Jeep Tour of the	Drive to Dead Sea Ein Gedi Hike Visit Metzada	Hamikdash Shopping & Preparations for Shabbat Kabbalat	Tefilla Lunch at the Hotel Havdalah Check out of Hotel Midnight Flight
	(for children) SHALVA- Bar Mitzvah Program with a member of Shalva	Volunteering in Leket in Nahalal Visit Emunah Children's Home in Afula	Donkey Ride & Chafla Tree-planting Ceremony in Lavi Forest Kinneret Cruise	Arizal Mikveh Volunteer with Livnot U'lhibanot Jeep Tour of the	Drive to Dead Sea Ein Gedi Hike Visit Metzada Dead Sea Swim Return to	Hamikdash Shopping & Preparations for Shabbat Kabbalat Shabbat at Mayanot Shul in	Tefilla Lunch at the Hotel Havdalah Check out of Hotel



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Volunteer Organizations that will be visited

Israel Guide Dog Center for the Blind

Located right outside Ness Tziona, the mission of the Israel Guide Dog Center for the Blind is to improve the quality of life of blind people by providing them with safe mobility, independence and self-confidence through the faithful assistance of guide dogs.

Na Laga'at

Na Laga'at center, "Please Touch" in Hebrew, has established itself as one of the most innovative theaters in the world, and Israel's leading cultural sites. Na Laga'at, a unique, nonprofit center of culture and arts, is a meeting place for deaf, blind, deaf-blind and the general public. A space where there is an equal dialogue that promotes the needs and aspirations of every person, in the belief that all human beings are equal and every person has the right to make his or her contribution to society. The center is home for the Nalaga'at Theater, "Blackout" dark restaurant, "Kapish" events center and coffee shop and a workshop center. The center offers unique employment opportunities that assist deaf, blind and deaf-blind individuals in providing for themselves, while developing their own unique talents, skills and abilities.

Save a Child's Heart

Save a Child's Heart (SACH) is an Israeli-based international, non-profit organization, known worldwide for their commitment to saving lives by improving the quality of cardiac care for children from developing countries and creating centers of medical competence in these countries. Save a Child's Heart provides life-saving cardiac surgery and other lifesaving procedures at the Wolfson Medical Center in Holon, Israel. Save a Child's Heart offers a comprehensive training program within Israel for doctors and nurses from developing countries, and leads surgical and teaching missions to our partner countries. To date, they have saved the lives of over 3,700 children from Africa, South America, Europe, Asia, and throughout the Middle East.

Medical clowns

Medical clowns are professional clowns who are specially prepared to work in sensitive medical and therapeutic environments. Across Israel, clowns and trained volunteers provide a unique kind of encouragement for children and adults in the most sober circumstances: chronically ill patients, cancer patients, terror victims, the terminally ill, victims of abuse, youth in distress and others. With a combination of imagination, fantasy, humor and laughter, the clown injects a much-needed atmosphere of warmth and human contact into medical treatment. As popularized in the movie Patch Adams, and seen by Israel's "red-nosed" clowns and volunteers every day, "humor therapy" works!

Soup kitchens & Food Packages

Today's recession has put thousands of families in an untenable position. Not poor enough to qualify for real aid, but unable to make ends meet- without intervention their fall into poverty is inevitable. Where conventional charity cannot help, soup kitchens step in. Soup kitchens try to prevent people from losing their dignity, whether it be men who lost their jobs, wives who lost their husbands, children whose parents cannot buy them clothing, at least they can get a warm meal. Volunteers can also pack commodity food staples for Israel's poorest families. These large food baskets are destined for needy families throughout the country. All the recipient families have been identified by government agencies as needy.



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SHALVA

SHALVA, the Association for Mentally and Physically Challenged Children in Israel, is dedicated to offering high quality care for individuals with disabilities, empowering their families and promoting social inclusion. Non-denominational and free-of-charge, SHALVA's programs provide care from infancy through adulthood, empowering parents to raise their children with special needs within the family framework. The Bnei Mitzvah Twinning Project is an opportunity for children of all abilities to share the excitement of celebrating their Bar/Bat Mitzvah. Through personalized projects, children with typical development create an enhanced Bar/Bat Mitzvah celebration for children with special needs; a meaningful experience for all. The Bnei Mitzvah project allows SHALVA's children and families, who may be experiencing social marginalization, to celebrate this important milestone as part of an extended, supportive community.

Leket

Founded in 2003, Leket Israel serves as the country's largest food bank and food rescue network actively working to alleviate the problem of nutritional insecurity among Israel's diverse population. Statistics reveal that a quarter of Israel's citizens are living in poverty; among them are some 850,000 hungry children. Yet, at the same time, literally hundreds of thousands of tons of perfectly good, nutritious food are needlessly destroyed each year. With the assistance of 55,000 annual volunteers, Leket Israel operates the country's foremost food rescue programs reclaiming and distributing over a half million pounds of nutritious food every week to benefit Israel's poor. Project Leket is an initiative that sends thousands of volunteers and dozens of paid pickers into fields and orchards, and enlists the use of its drivers, to salvage thousands of tons of surplus produce annually from fields, orchards and packing houses for the benefit of those in need. Leket Israel partners with catering halls, restaurants, bakeries and hotels in all regions of the country to ensure that surplus food is delivered to needy people. Leket Israel's "Nutrition for Life" program works to teach the importance of good nutrition to Israelis with limited grocery budgets and the agencies who serve them. The program offers hands on workshops, lectures, and training with an emphasis on helping at-risk population groups and our partner nonprofits improve the nutritional value and food balance of food baskets and daily meals.

Emunah Sarah Herzog Children's Centre in Afula

The Emunah Sarah Herzog Children's Center in Afula is an island of serenity and stability for some of Israel's most needy children. The Center, a residential and afterschool therapeutic day care facility serving 180 children at risk aged 5-18, was established in 1949 to provide a haven for young holocaust survivors. For over 60 years the Emunah Children's Center has worked to provide shelter for children at risk, restoring childhood, enabling children to overcome past traumas and achieve their academic potential, and offering them hope for a better future.

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