



## Spiritual Life Retreat January 24<sup>th</sup>-25<sup>th</sup>

A Spiritual Life Retreat will be held at the Second Baptist Church on Friday evening, January 24<sup>th</sup> and Saturday, January 25<sup>th</sup>. The purpose of the retreat is to explore different spiritual practices which may be helpful in enhancing one's personal spiritual life. We will be joined by our friends from the First Congregational Church and the Enfield American Baptist Church.

The retreat, which was originally scheduled for last October, begins on Friday evening at 5:00 pm with a potluck supper and conversation in the Fellowship Hall followed by a brief time of worship and our first spiritual practice – Lectio Divina (a Latin term which means “Divine reading” or “Sacred reading,” of biblical texts). We will conclude by 8:00.

On Saturday, we will gather in the Fellowship Hall at 9:00 am and there will be different spiritual practices to discover and choose from in four separate sessions throughout the day. In the morning, there are two sessions - from 9:30 – 10:30 and 10:45 -11:45. During these sessions, you have a choice between Yoga, the Examen (a spiritual practice of discernment and prayer), Qi Gong, and, Walking the Labyrinth (which will be available throughout the day). Following lunch, which will be provided, there are different spiritual practices during two separate sessions: Journaling, Guided Meditation, Reflective Walking outside (weather permitting) and making Prayer Beads. Closing reflections and worship will conclude at 4:00 pm.

We need to know how many will be coming to prepare for lunch on Saturday and to have enough supplies for several of the spiritual practices so **please RSVP** to the church office – [office@secondbaptistsuffield.org](mailto:office@secondbaptistsuffield.org), or via phone – 860-668-1661. Cost is \$10 per person or \$25 per family. If you are unable to attend the entire retreat, please feel free to participate in those practices that your schedule permits – and please let us know.

### Help Wanted! Part Time Building Manager

Key function is being the point of contact and process owner for those who wish to use the Church and those doing work to maintain the building. Flexibility in days and times required. Estimated at least 6 hours per week will be required. For full position description, please refer to [secondbaptistsuffield.org](http://secondbaptistsuffield.org)

Please send resume and letter of interest to

Second Baptist Church  
100 North Main Street  
Suffield CT 06078

or email [Office@secondbaptistsuffield.org](mailto:Office@secondbaptistsuffield.org)

## Lay Leader Worship Schedule January Flower Rep.:

### January 19

**Ushers: TEAM A:** Howard Beal, Richard Rinaldi Kaden Rinaldi & Jacob Quinn

**Worship Leader:** David Battle

**Nursery Volunteer:** Mary Nelsen

**Fellowship Time:** The Rinaldi Gals

### January 26

**Ushers: TEAM B:** Art Sikes, RC Hubbard, Greg Bassos & Michael Hubbard

**Worship Leader:** Peter Das

**Nursery Volunteer:** Kirsten Johannassen

**Fellowship Time:** Available

**Flowers:** Available

### Please Help the People of Puerto Rico

With the island of Puerto Rico still reeling from the impact of 2017's Hurricane Maria (which devastated the island and killed at least 3,000 people), a string of severely damaging earthquakes has shaken Puerto Rico since January 7th.

American Baptist Home Mission Societies (ABHMS) is mobilizing volunteers and securing donations to help thousands of Puerto Rico's stricken residents.

Although we are not in a position to help “on the ground” in Puerto Rico, our Missions Committee has approved a \$1,200 contribution by way of financial support. We encourage members of our congregation to join us by donating too.

Rest assured that 100% of your gift goes directly to our brothers and sisters in Puerto Rico.

Make your check payable to “Second Baptist Church” and write “Puerto Rico” in the bottom left corner on the memo line. The Missions Committee will collect (and aggregate) your donations and remit the total amount to ABHMS. Thank you!

### Deadlines

**Weekly CRIER:** Thursdays at 10 am

**March CRIER:** February 17, 2020



# Second Baptist Church Weekly Events: January 19-26, 2020

Sunday, January 19	8:30 am Handbell Rehearsal	Sanctuary
	9:00 am Adult Ed./KFC	Parlor
	10:00 am Worship	Sanctuary
	11:15 am Fellowship Time	Fellowship Hall
	11:45 am Music Ministry	Parlor
Monday, January 20 MLK Day Observed Office Closed	4:00 pm MLK Service	3rd Baptist Church
	12:00 pm The Phoenix Group (AA)	Activity Room
	1:00 pm Suffield Academy	Sanctuary
	7:00 pm Choir at Suffield House	
	7:00 pm The Grapevine Group (AA)	Activity Room
Tuesday, January 21	12:00 pm The Phoenix Group (AA)	Activity Room
	6:00 pm Boy Scouts	Fellowship Hall
	7:00 pm Missions	Library
	7:00 pm FCC Church Council Meeting	Parlor
Wednesday, January 22	9:30 am The Great Courses	Parlor
	12:00 pm The Phoenix Group (AA)	Activity Room
Thursday, January 23	10:00 am Yoga Class	Activity Room
	12:00 pm The Phoenix Group (AA)	Activity Room
	6:00 pm Handbell Rehearsal	King Chapel
	7:15 pm Adult Choir Rehearsal	Music Room
Friday, January 24	12:00 pm FFFolders	Library
	12:00 pm The Phoenix Group (AA)	Activity Room
	5:00 pm Spiritual Direction Potluck	Fellowship Hall
Saturday, January 25	9:00 am Spiritual Direction Retreat	
Sunday, January 26	8:30 am Folk Group Rehearsal	Sanctuary
	9:00 am Adult Ed/Kids for Christ	Parlor
	10:00 am Worship	Sanctuary
	11:00 am SBC Annual Meeting	Sanctuary

**Second Baptist Church**  
100 North Main Street, Suffield CT 06078  
(860) 668-1661, [office@secondbaptistsuffield.org](mailto:office@secondbaptistsuffield.org)  
Reverend Thomas G. Carr, Pastor  
Reverend Dr. Rachael Lawrence, Co-Pastor

# The Weekly Crier for Sunday, January 19, 2020

## January Communion Offering: Julie's Safe House

The Mission Team has designated the monthly Communion Offering for January to **Julie's Safe House: The Network Against Domestic Abuse**. The Network assists families and individuals who have experienced domestic and interpersonal violence. They educate individuals and the community to promote healthy relationships, and advocate for safer communities. The Network is located in North Central Connecticut, including Suffield and Enfield, and seeks to prevent domestic abuse by fostering, healthy, violence-free relationships. For more information, please go to Julie's Safe House website – <http://thenetworkct.org/about-us-4history/>.



- **Bill Brennan**
- **Josie Chisnall**
- **Cynthia Hill's daughter, Sharyl** is having surgery this week.
- **Luther Killam** is at the Bickford Health Care Center in Windsor Locks.
- **Shirley Knox**
- **Richard Lawrence**
- **Don McCord**
- **Joan Meyers**
- **Wayne Pina** is at St Francis Hospital.
- **Allen Smith, Cynthia Hill's Son-In-Law**, serious health concerns.
- **Dot Spaulding**
- **Ann Spiel**
- **Carolyn Stabenow** is at Suffield House.

## Martin Luther King, Jr. Celebration Today at 4 pm

The annual Martin Luther King, Jr., service of celebration is being planned for the afternoon of **Sunday, January 19th at 4:00 pm**. The service will be held at the **Third Baptist Church** and is always an inspiring and empowering service to remember that we are all sisters and brothers in this world and are called to love, serve and care for all. More details will be coming on the precise time, preacher for the service and music. Save the date and invite friends, family and neighbors.

**Second Baptist Church Annual Meeting**  
**Sunday, January, 26, 2020**  
**Immediately following worship in the Sanctuary.**