

THE SEVEN STARS

Est.1808

Our Café Menu

Brekkie or Brunch

FULL KENNFORD BREAKFAST

Local fried eggs, Powderham Cumberland sausage & dry cured back bacon, local black pudding, roasted tomato & mushroom, hash brown, baked beans, toast – £7.5

FULL VEGGIE BREAKFAST

Local fried veggie sausages, smashed avocado, beetroot roasted tomato & mushrooms, hash brown, baked beans, toast – £6.5

LOCAL EGGS YOUR WAY

On brioche / sourdough / gluten free bread
Poached, scrambled or fried - £3.5

Bap or Sandwich

Cumberland sausage, dry cured bacon, local egg, black pudding
1, 2, 3 fillings – £3/4/5
+ £1 for extra filling

Light Lunch

Kenford's 'The Veg Patch' salad bowl - £5
- Chicken & crispy bacon
- Prawn & chorizo
- Avocado, feta, tomato & red onion

Quiche of the moment, side salad - £5

Jacket potato, side salad - £4.5
- Baked beans, cheddar & bacon
- Tuna, spring onion & dill
- Filling of the moment