

BREAKFAST

(8am-12pm)

Sourdough toast with house jam £4.00

Bacon Sandwich with fried egg and Sriracha sauce in sourdough £6.00

Merano's granola with natural yoghurt, mango puree, pumpkin seeds, fresh berries £6.95

Organic oat porridge with cow's milk or almond milk or just water with banana or mixed berries £6.95

Scrambled eggs with smoked salmon on sourdough £7.50

Eggs Florentine (free range poached eggs, sourdough, wilted spinach and hollandaise sauce) £8.00

Eggs Royale (free range poached eggs, sourdough bread, smoked salmon and hollandaise sauce) £8.50

Eggs Benedict (free range poached eggs, sourdough bread, Parma ham and hollandaise sauce) £8.50

Yuzu Crab Benedict (free range poached eggs, rye bread, avocado and hollandaise sauce) £9.50

GOURMET SANDWICHES

(12pm -5pm)

Free range grilled chicken, avocado & baby gem baguette (DF) £8.50

Grilled halloumi, fresh tomato and lettuce wrap (V) £8.00

Roasted aubergine, hummus, piquillo pepper & rocket wrap (VG) £8.00

Burrata, pesto, sun dried tomato & rocket wrap (V,GF) £9.00

PROTEINS & SALADS

(12pm – 5pm)

CHOOSE FROM:

1 Protein & 1 salad £12.50

1 Protein & 2 salads £14.50

3 salads £12.00

PROTEINS:

Teriyaki baked salmon (DF)

Sumac and herb marinated free range chicken breast (GF,DF)

Seared tuna in ponzu sauce (DF)

SALADS:

Grain salad, quinoa, wild rice, edamame beans, cherry tomato, zaatar with yoghurt dressing (DF)

Asparagus, heritage tomatoes & tomato dressing (VG,GF)

Seasonally picked vegetables with pesto dressing (GF,V)