

SISSY / KICK IT UP / BUTT KICKIN' / GARLIC / TERIYAKI / GARLIC PARMESAN / BBQ / HONEY BBQ
CHIPOTLE BBQ / GARLIC BBQ / TERIYAKI BBQ / HOT BBQ / PINEAPPLE CALYPSO BBQ / APPLEWOOD SMOKED BBQ
KOREAN BBQ / CITRUS CHIPOTLE BBQ / HONEY TERIYAKI / CAJUN RUB / BLACK N' BLEU RUB / SRIRACHA RUB
OLD BAY RUB / XXX HABANERO / BOURBON MOLASSES / SWEET CHILI

All wings served with celery and bleu cheese. Choice of traditional or boneless.

Extra bleu cheese or ranch: 2oz +.75 / Half pint +3 / Pint +5

10 Wings 12 | 15 Wings 18 | 50 Wings 54

SOUPS

Choice of:

French Onion, New England Clam Chowder, Soup Du Jour 6

APPETIZERS

MTR CHILI 8

House made chili served with chips

HANGING PRETZEL 12

With beer battered cheese sauce and creamy peanut butter sauce

CHICKEN NACHOS 14

Grilled chicken, onions, tomato, peppers, cheese and side of sour cream and salsa | Sub chili +1 Sub steak +3

LOADED POTATO SKINS 10

Stuffed with garlic mashed potato, chives, bacon and topped with monterey jack cheese. Served with side of sour cream

HUMMUS PLATTER 11

Our own hummus with olives, pita chips, vegetables

STUFFED MUSHROOMS 14

Mushroom caps baked and filled with our own seafood stuffing

RHODE ISLAND CALAMARI 14

Fresh calamari fried and tossed with hot and sweet peppers topped with crumbled bleu cheese, jalapenos

MTR LOADED FRIES 14

Curly fries topped with bacon, jalapenos, mozzarella cheese, chipotle ranch drizzle

MOZZARELLA MOONS 10

Fried mozzarella with a side of marinara sauce

AHI TUNA* 15

Topped with sesame seeds and soy drizzle

STEAMED MUSSELS 14

With garlic bread and special broth

SALADS

Green Goddess, Italian, Balsamic Vinaigrette, Oil & Vinegar, Ranch, Thousand Island, Bleu cheese, Parmesan Peppercorn, Honey Mustard, Caesar, Extra dressing +.75

GARDEN SALAD 11

Lettuce, tomato, red onion, cucumbers, carrots, croutons, olives, hardboiled egg

CHICKEN CAESAR 15

Romaine lettuce with grilled chicken, croutons, shaved parmesan cheese

COBB SALAD 15

Grilled chicken, bacon, lettuce, tomato, onion, hardboiled egg, crumbled bleu cheese

TACO SALAD 15

Seasoned ground beef, lettuce, shredded cheddar cheese, pico de gallo. Served in a tortilla shell topped with sour cream and guacamole

CHICKEN AVOCADO SALAD 16

Grilled chicken, lettuce, fresh avocado, cucumbers, cherry tomatoes, red onion

SALMON SALAD* 17

Blackened salmon, baby spinach, red beets, goat cheese, served with balsamic vinaigrette

APPLE WALNUT SALAD 16

Lettuce, grilled chicken, dried cranberries, sliced apples, red onions, caramelized walnuts and crumbled bleu cheese. Served with a side of balsamic dressing

Additional proteins*:

Steak +7 | Chicken +5 | Salmon +5 | Shrimp +6 | Avocado +3

*Thoroughly cooking meats, poultry, seafood, shellfish, or egg reduces the risk of food borne illness

HANDHELDS

All handhelds are served with french fries and a pickle. Sub gluten free bun +2, Sub onion rings +2, Sub curly fries +2, Sub sweet potato fries +2.

CLASSIC CLUB 15

Choice of roast beef or turkey. Bacon, lettuce, tomato, mayo on a triple decker. Your choice of white, wheat or rye toast

CHICKEN BLTA 15

Grilled chicken, lettuce, tomato, bacon, avocado, chipotle mayo on a roll

MTR SUPREME 16

Grilled chicken, roasted red peppers, fresh spinach, avocado, swiss cheese, ranch dressing in a tomato basil wrap

CHICKEN BACON RANCH 15

Crispy chicken cutlet, bacon, cheddar cheese, lettuce, tomato, ranch dressing on a roll

FRENCH DIP 15

Sliced roast beef, melted swiss cheese on a toasted grinder with a side of au jus

BUFFALO CHICKEN CAESAR WRAP 15

Grilled chicken tossed in buffalo sauce, slices of parmesan cheese, caesar dressing in a whole wheat wrap

STEAK GRINDER* 17

Boneless ribeye steak, provolone cheese, sauteed mushrooms, sauteed onions topped with our house special bourbon sauce

CORNED BEEF REUBEN* 15

Fresh corned beef, swiss cheese, sauerkraut and thousand island dressing on toasted marble rye

TACOS & QUESADILLAS

All tacos come with a choice of hard or soft shell and a side of seasoned Mexican rice.

Sub steak +4 | Sub Shrimp +3 | Side Guacamole +.75

MTR TACO TRIO 14

Choice of chicken or beef, lettuce, pico de gallo, shredded cheddar, sour cream, guacamole | Sub steak or shrimp +3

AHI TUNA TACOS 16

Ahi tuna, cilantro, avocado, fresh lime juice

SHORT RIB TACOS 16

Braised short rib, BBQ sauce, cilantro, red onion

BEYOND TACOS 14

Our vegan friendly Beyond Beef, lettuce, pico de gallo and avocado. Served with a side of salsa and sour cream

CHICKEN OUESADILLAS 16

Grilled chicken, cheddar cheese, peppers, onions, pico de gallo. Served with a side of sour cream and salsa

VEGETABLE QUESADILLAS 15

Sautéed broccoli, mushrooms, onions, peppers and tomatoes with cheddar cheese. Served with a side of sour cream and salsa

BURGERS

All burgers are served with french fries and a pickle. Sub gluten free bun +2, Sub onion rings +2, Sub curly fries +2, Sub sweet potato fries +2.

Make any burger a turkey burger or veggie burger free of charge.

MTR BURGER* 16

American cheese, bacon, lettuce, tomato, onion, pickles, mustard, ketchup, mayo

BOURBON BARREL BURGER* 15

Swiss cheese, sauteed mushrooms and onions, house special bourbon sauce

SLOPPY MIKE BURGER* 15

Cheddar cheese, chili

MAC N' CHEESE BURGER* 16

Our specialty mac n' cheese on top of our beef burger

THE CLASSIC* 14

American cheese, lettuce, tomato, onion

BEYOND BURGER 16

Veggie burger, lettuce, tomato, onion, topped with our house special green goddess dressing

PIZZA

Substitute any classic crust for gluten free cauliflower crust free of charge.

CHEESE PIZZA 14

Mozzarella cheese

ADDITIONAL TOPPINGS*: Pepperoni +2; Bacon +2; Garlic +1; Grilled chicken +2; Sausage +2; Peppers +2; Onion +1; Black olives +2; Mushrooms +2; Broccoli +2; Spinach +2

MTR STYLE MARGHERITA 21

White sauce, mozzarella cheese, spinach, tomato

BUFFALO CHICKEN 22

Grilled chicken topped with buffalo sauce, mozzarella cheese, topped with ranch drizzle

MEAT LOVER 22

Bacon, mozzarella cheese, sausage, pepperoni

VEGGIE 21

Mushrooms, mozzarella cheese, onion, peppers, broccoli, spinach, black olives

MTR PIE 23

Arugula, herbed goat cheese, cherry tomato, prosciutto and caramelized red onion topped with a balsamic glaze

LIL' PIGGY 25

Classic cheese pizza with mozzarella cheese and marinara sauce. Topped with a hearty portion of short rib and a BBQ drizzle

ENTREES

All entrees are served with soup or a side salad.

MTR STYLE MAC N' CHEESE 19

Classic macaroni and cheese mixed with chicken, broccoli and bacon topped with our own cornflake crust

MTR STUFFED CHICKEN 24

Oven roasted chicken breast filled with our chef's special apple walnut stuffing topped with house special gravy. Served with a side of rice and vegetables

GRILLED SALMON* 24

Salmon grilled and lightly glazed with garlic butter, served over risotto with a side of vegetables

STEAK DINNER* 33

16oz boneless ribeye topped with sauteed mushrooms, onions and a side of our house bourbon sauce. Served with a side of mashed potatoes and vegetables

CHICKEN PARM 22

Chicken cutlet with marinara sauce and mozzarella cheese, served over linguini with a side of garlic bread

SHRIMP SCAMPI 25

Shrimp over linguini mixed in our garlic butter sauce, served with a side of garlic bread

PENNE ALLA VODKA 22

House made sauce with penne pasta and grilled chicken, served with a side of garlic bread

CHICKEN ALFREDO 22

Fettuccine pasta with house made alfredo sauce and grilled chicken, served with a side of garlic bread | Sub shrimp +5

CHICKEN MARSALA 23

Oven roasted chicken topped with our house made marsala sauce, served with a side of mashed potatoes and mixed vegetables

BAKED STUFFED SHRIMP 27

House made crabmeat stuffing on butterflied baked shrimp. Served with risotto and mixed vegetables

SIDES

RICE 4 | SIDE SALAD 4 | FRENCH FRIES 5

MASHED POTATOES 5 | CURLY FRIES 6 | MIXED VEGETABLES 6

SWEET POTATO FRIES 6 | ONION RINGS 6

KIDS MENU

All kids menu items 8

SPAGHETTI AND MEATBALL | CHICKEN TENDERS W/ FRIES

KIDS CHEESE BURGER W/ FRIES* | GRILLED CHEESE W/ FRIES

MACARONI & CHEESE | HOT DOG W/ FRIES

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