



# Counselling Skills

This nationally recognised qualification is ideal for staff who are looking to progress within their career or support their colleagues. The course has been created by industry experts to help learners develop and improve their knowledge and skills of counselling.

## Course Content

- Gain an understanding of counselling theories
- Introduction to key elements of theories enabling them to support individuals
- Key concepts such as diversity and ethics
- Consider own personal development

## Mandatory units

- Using counselling skills
- Introduction to counselling skills theories
- Diversity and ethics in the use of counselling skills
- Counselling skills and personal development

### Qualification

Fully Funded  
Level 2 Certificate  
Distance Learning

Guided Learning  
Hours

**120**

Course length

**12 weeks**



To enquire about this course, call Claire at CQM Learning  
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