

Mental health presents one of the greatest challenges to our society. With an estimated 450 million people worldwide suffering from a mental health problem, around a quarter of British adults will experience some form of mental health problem each year. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector.

## **Course Content**

- Gain skills and understanding to improve the experiences of service users
- The importance of duty of care in adult health and social care
- The role of the mental health worker
- The correct approach to care and management

## Mandatory units

- The role of the mental health worker
- Mental health and mental health issues
- Duty of care in adult health and social care
- Approaches to care and management in mental health
- Change and support in relation to mental health

## Qualification

Fully Funded Level 2 Certificate Distance Learning





To enquire about this course, call Claire at CQM Learning 0114 281 5761 or claire.eley@cqmlearning.co.uk