

Sacred Heart College Lower Hutt, New Zealand "The ideal Sacred Heart College Graduate is a compassionate and confident young woman who is prepared for an ever changing world."





#### Welcome

Kia Ora, Konnichiwa, Nihao, Talofa lava, Fakaalofa lahi atu, Nisa bula vinaka, Kia Orana, Namaste, Welcom, Herzlich Willkommen, Witamy, Greetings and welcome to you all.

We welcome international students and value the contribution and the cultural diversity they bring to our school community.

Sacred Heart College Lower Hutt has shaped and influenced the lives of young women since 1912. It was established by Euphrasie Barbier, foundress of the Sisters of Our Lady of the Missions. Her vision was to provide young women with a Catholic education and skills to equip them for the world. Sacred Heart College is proud of its past and the place it still holds today as a successful educator of talented women.

Our school is based on traditional values with innovative approaches to teaching and learning supported by modern information communication technology. Our Performing Arts Centre is a tremendous asset that we are very proud of and it is well utilized by both the school and community groups. We have a proud tradition of academic excellence and a proven record of outstanding achievement in sport, visual and performing arts and The Duke of Edinburgh's Hillary Award Programme. Our students consistently achieve above the national average in national qualifications and we provide enrichment programmes that meet the needs of particular individuals.

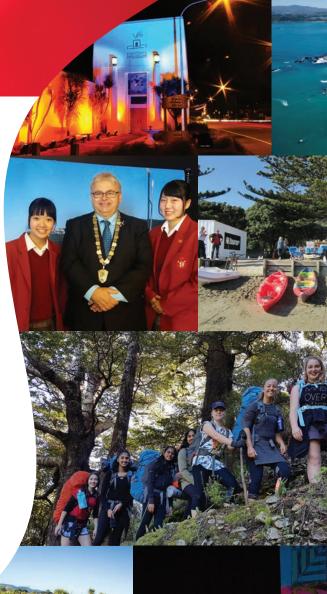
Sacred Heart College is a school that undertakes to ensure that the young women entering its gates will receive an education that enhances learning and is responsive to individual needs. Personal development is given high priority and leadership opportunities abound at all levels throughout the school. The ideal Sacred Heart College Graduate is a compassionate and confident young woman who is prepared for an ever changing world.

I invite you to join with us on the next phase of your educational journey by making Sacred Heart College your first choice in secondary education.

Maria Potter, B Tech, Dip Tchg Principal

## Why Study at SHC

- We have an excellent reputation and therefore attract high quality teachers.
- The college has a small group of international students who get one-to-one tuition.
- We have an excellent English Speaking for Other Languages (ESOL) programme which helps international students ease into our school community and improve their English.
- We have strong links with schools around the world.
- The school offers a wide variety of sport, musical and cultural activities.
- We have a fantastic Performing Arts Centre, a wonderful technology suite, and excellent music facilities.
- There is an International Student Manager available 24/7 who is responsible for the pastoral care of the students. The school has an excellent, safety and pastoral care record.
- Homestay arrangements can be made by the International Student Manager.





#### Location

Sacred Heart College is situated in an attractive city called Lower Hutt. We are within easy walking distance of the city centre, art gallery, swimming pool, recreation ground, public library, town hall and beautiful native bush and parks. Lower Hutt is only 15 minutes to Wellington City. Wellington is situated in the centre of New Zealand, at the bottom of the North Island.

## Why Wellington?

- Wellington is the capital of New Zealand
- It is the centre for arts and culture
- We have an education system that is one of the best in the world
- Wellington has two world class universities: Victoria University and Massey University
- There are so many exciting activities in and around the city
- It is one of New Zealand's most attractive cities

**Wellington is unique** – a compact cosmopolitan city surrounded by a region of natural beauty. People from all over the world choose to live and learn in Wellington. You will study alongside New Zealanders from different cultural backgrounds and international students from around the world.

Lower Hutt has a long history – it was one of the first towns in New Zealand. Lower Hutt is close to the Hutt River and Petone Beach – popular swimming and fishing places. It is surrounded by hills – popular for walking or mountain biking. Lower Hutt also has one of the biggest and best shopping malls in New Zealand. There is so much to do and see in Lower Hutt.



Each student is encouraged to take part in service activities

#### Service

The College has a commitment to share knowledge and to assist those in need. Education assists social mobility and widens horizons. It is an unending journey best undertaken with others.

Each student is encouraged to take part in service activities whether through the Duke of Edinburgh Award Scheme or through other school activities such as St Vincent de Paul, Amnesty International, Civil Defence or supporting the foodbank.

The school has one of the most extensive Duke of Edinburgh Award Schemes in New Zealand with a co-ordinator who oversees service activities and outdoor education pursuits.



### Academic Programme

Sacred Heart College is an academic school with excellent results in all public examinations. Our staff has been active in the development of the National Certificate of Educational Achievement and our achievement levels are available for parents to see.

Students in consultation with their parents and the teachers decide what subjects they would like to study.

Sacred Heart College has high expectations that students will achieve at their full potential. The College offers a wide range of subjects in the following fields: Art, Commerce, Digital Technology, Drama, English, Mathematics, Music, Physical Education, Science, Social Sciences and Technology.

We also offer the Sacred Heart College Sports Academy. This academy has been established to identify and work with high-performing students who we believe have the potential to become elite competitors during their time at Sacred Heart College.

# Technology

Sacred Heart College has a high ratio of computers to students.

There is ongoing training for staff and a strategic plan for IT which ensures regular updates of hardware. Students contribute to the website and have run an online student newspaper.

The College has a technology suite, which offers excellent facilities for design, graphics, and design technology.

A variety of media is used, including soft materials, metal, wood and plastics. Students working in this department have won the Institute of Professional Engineers of New Zealand Award with functional toys and furniture for children.

Soft materials are also a feature with wearable arts competitions being entered.

Independent research is a focus across the curriculum and is supported by excellent library resources, and ready access to computers enables students to access information from around the world.

## Leadership

Leadership opportunities abound at Sacred Heart College. There are six houses – Siena, Aubert, Lourdes, Lisieux, Avila and Barbier, each of which has a House Captain and two House Leaders.

There is a Head Girl, Deputy Head Girl and a Student Representative on the Board of Trustees. All Year 13 students are encouraged to assume a leadership role through peer support and the form class structure.

An active School Council pursues fundraising goals for each year, and strong leadership in sports teams and cultural clubs provides development opportunities for students.

This is a democratic body decided by annual student elections. It has 21 members.

There is a peer support programme. Year 13 students apply and after an acceptance process they are given training. These girls assist all our Year 9 students.



#### Pastoral Care

This is a community of kindness and good care. We have an excellent Dean/ Guidance structure which supports students, and a peer support system where students help and assist one another.

International fee paying and exchange students have a manager who is responsible for their pastoral care both at school and in their homestays. Homestay parents are valued members of the school community and are fully involved in their adoptive daughters' schooling.

The College is committed to Gospel Values, to fairness and to equity.

# The code of practice for the pastoral care of international students

Sacred Heart College is bound by the Code of Practice for the Pastoral Care of International Students published by the New Zealand Qualifications Authority. Copies of the Code (in a number of different languages) are available on the NZQA website:

www.nzqa.govt.nz/providers-partners/caring-for-international-students/





## Performing Arts

Cultural activities have always had a special place in this College and the range of activities offers each student the possibility to be involved at some level.

We are avid competitors in the O'Shea Shield cultural competition for Catholic Schools, Nga Manu Korero Speech Competition, Pasifika Speech competition, and Kapa Haka and Polynesian Festivals.

All students are encouraged to participate in music.

The College has excellent facilities and offers tuition in singing and several instruments to high levels. There is an orchestra and bands, choir, and annual drama production and many smaller group activities for performing arts students.

There are also regular assemblies and special liturgies where active student involvement is encouraged.



## Sporting Opportunities

The college offers a wide variety of sporting activities and encourages enthusiastic participation.

Sports available include:

- aerobics
- athletics
- badminton
- basketball
- bowls
- cricket

- cross-country road
  - racing
- dragon-boating
- equestrian
- football
- golf

- hockey
- netball
- rugby
- rugby league
- softball
- squash

- swimming
- table-tennis
- tennis
- touch
- volleyball
- waterpolo



## Special Character Days

Special Character Days are celebrated by the College throughout the year. Feast Day is always one of the highlights of the year.

### Extra Curricular Groups

The college has many groups and participation is encouraged.

These include amnesty international, choir, civil defence, debating, jazz band, kapa haka, orchestra, percussion group, polyclub, public speaking, percussion group and vinnytas.

Students are encouraged to provide service to the college, community and previous schools. For example, coaching, debating and sports teams.





Music tuition is available in a variety of instruments

### Music Instruments and Tuition

Music tuition is available in a variety of instruments and lessons take place during the school day. Enrolment forms are available from the College office.

Lessons are mainly in small groups and are funded by the Ministry of Education.

Some school-owned orchestral instruments can be hired for the year.

Private one-to-one lessons are also offered.

# *The Duke of Edinburgh's Hillary Award*

At Sacred Heart College all students are encouraged to take part in The Duke of Edinburgh's Hillary Award programme. It opens up great opportunities and is a real enjoyment for those who get involved.

It has been a longstanding tradition at SHC and instills an immense sense of pride that so many students take part.

We encourage all students to take part in the wider life of the school.



Contact us for an Application Form. See back page for contact information.



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International Student website: www.sacredheartinternational.school.nz

College website: www.sacredheartcollege.school.nz

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