

HOW TO USE CD-SHOT

(Chlorine Dioxide/MMS)

By www.brilin.co.nz

Please note: Medical authorities such as Medsafe have warned that MMS is not an approved therapeutic product and may be dangerous and potentially life-threatening. We at the Brilin Centre have written these guidelines for people who have personally researched and chosen to use MMS regardless. We want to emphasize that this instruction does not constitute medical advice, and we are not recommending MMS as a treatment or making any claims about its health benefits.

See MEDSAFE WARNINGS HERE

<https://www.medsafe.govt.nz/safety/Alerts/MiracleMineralSolutionReminder.asp>

While some proponents of MMS claim that it can treat or cure various health conditions such as bacteria overload, cancer, HIV/AIDS, and autism, these claims are not supported by reliable scientific evidence. In fact, medical authorities and health experts have warned that MMS can be dangerous and potentially life-threatening, and its use can cause serious health problems such as vomiting, diarrhea, dehydration, liver failure, and even death.

Therefore, it is important to be cautious and skeptical of any positive health claims related to MMS and to consult with a licensed healthcare provider before using any unproven or alternative treatments.

IF YOU STILL WANT TO USE MMS (CD-SHOT) then see below:

IMPORTANT TO KNOW:

- Store CD-SHOT in a dark place and avoid leaving the bottles in sunlight. A kitchen cupboard is a good storage spot, but not the fridge.
- Wash your hands with water if you get any drops on your skin.
- Do not get the solution in your eyes.
- Avoid sniffing the CD-SHOT with your nose right up to the cup.
- Do not take Vitamin C at the same time as CD-SHOT. Vitamin C and CD-SHOT may work against each other. It's best to avoid Vitamin C for at least three hours. Some forms of Vitamin C can last for more than eight hours.
- Do not eat oranges on the same day as taking CD-SHOT.

MAKING CD-SHOT:

- Make sure you use an equal number of drops from each bottle. For instance, if you use two drops from one bottle, you should use two drops from the other bottle. If you're not sure how many drops went in, start again.
- Use a dry, non-metal cup or glass.
- Add drops from each bottle and mix them together by shaking the cup for 30 seconds to activate.
- Add between 1/3 and a full glass of purified water and drink.

QUANTITY, FREQUENCY, AND DURATION:

The regularity of consuming CD-SHOT seems more important than the dilution you make. Many clients have it every hour while awake, but it's best to build up to this gradually.

START BY:

Making one drop from each bottle, mixing for 30 seconds, adding water, and drinking once a day for one week. This allows your body to get used to it. If you are very sensitive, you can make the solution but drink only half of what you make.

Then increase to two drops, then later three, and four drops of each.

Then increase the frequency to two drinks per day, then three, then four, and so on. Be slow to build up. For chronic infections, some have taken 4-5 drops every hour for several days, weeks, or months.

I (William) have taken 10 drops of each, but this is extremely strong, and only those who are accustomed to consuming CD-SHOT should attempt it and only under extreme circumstances.

EXAMPLE:

Day 1-3: 1 drop of each, 1 drink per day.
Day 4: 1 drop of each, 2 drinks per day.
Day 5: 1 drop of each, 4 drinks per day.
Day 6: 1 drop of each, 6 drinks per day.
Then: build up to 2, 3, 4 drops of each.

DO NOT OVERDO IT. Allow your body time to eliminate the dead bacteria. You do not want to overload your detoxification pathways or become sensitive to the smell. Take it slow and listen to your body.

MOUTH WASH

Mix 6-Drops of each for 30-seconds, add third cup of water, hold in mouth for at least 5-minutes