

NEWBORN HISTORY

Birth to 6 months

Today's Date: _____

Patient's Name: _____ Sex: M F Date of Birth: _____ Age: _____

BIRTH HISTORY

How long was the labor from the first regular contraction to the birth? _____ hours

How long was the 2nd stage (the pushing phase) of the labor? _____ hours

- | | | |
|---|---|---|
| Yes No | Yes No | Yes No |
| <input type="checkbox"/> <input type="checkbox"/> Hospital Birth | <input type="checkbox"/> <input type="checkbox"/> Vaginal Delivery | <input type="checkbox"/> <input type="checkbox"/> Was birth induced (Pitocin) |
| <input type="checkbox"/> <input type="checkbox"/> Home Birth | <input type="checkbox"/> <input type="checkbox"/> Planned C-section | <input type="checkbox"/> <input type="checkbox"/> Forceps Delivery |
| <input type="checkbox"/> <input type="checkbox"/> Midwife Assisted | <input type="checkbox"/> <input type="checkbox"/> Emergency C-section | <input type="checkbox"/> <input type="checkbox"/> Vacuum Extraction |
| <input type="checkbox"/> <input type="checkbox"/> Anesthesia Administered | <input type="checkbox"/> <input type="checkbox"/> Head Presentation | |
| <input type="checkbox"/> <input type="checkbox"/> Fetal Distress | <input type="checkbox"/> <input type="checkbox"/> Face Presentation | |
| <input type="checkbox"/> <input type="checkbox"/> Meconium Staining | <input type="checkbox"/> <input type="checkbox"/> Breech Presentation | |

BABY'S CONDITION IMMEDIATELY AFTER BIRTH:

Apgar Scores: At 1 minute _____ / 10 At 5 minutes _____ / 10

Baby's Crying: Baby cried immediately after birth: _____

Cried strongly: _____ week cry: _____ did not cry for _____ minutes

Baby's Color: Pink all over: _____ Blue face: _____ Blue hands/feet: _____

Baby's Activity: Arms and legs actively moving _____ Floppy baby _____

Intensive Care: Was required: Y N Days in Neonatal Intensive Care Unit: _____

Medication given at birth: _____ Vaccines administered: _____

Birth weight: _____ lbs/kgs Birth length: _____ ins/cms Baby home on day: _____

HEALTH HISTORY

Primary Complaint: _____ Onset: _____

How many hours does your baby sleep between feedings? During day: _____ At night: _____

- | | |
|---|---|
| Yes No | |
| <input type="checkbox"/> <input type="checkbox"/> | Does your baby go to sleep easily? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a preferred sleeping position? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby cry if you change this sleeping position? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have any feeding difficulties? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Is baby being breast fed? _____ If no, for how long was baby breast fed _____ weeks/ months |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a one sided breast-feeding preference? _____ Preferred breast: Left / Right |
| <input type="checkbox"/> <input type="checkbox"/> | Is baby formula fed? _____ Which formula or other milk source? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby frequently spit-up after feeding? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does your baby cry a lot? For how many hours each day? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby pass a lot of intestinal gas? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a preferred head position? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby frequently arch his/her head and neck backwards? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby cry or become irritable during a diaper change? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby ever had a fever? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby had any falls? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby been in a car accident or near-miss? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby had any other trauma? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Has your baby been vaccinated? _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Do you have any other concerns you wish to discuss? _____ |

NEWBORN PHYSICAL EXAMINATION

Birth to 6 months

Today's Date: _____

Child's Name: _____

Temp _____ Length _____ Weight: _____ Head Circ: _____ Pulse _____ Resp _____ BP _____/_____

Check a box to indicate a problem and describe or comment below. If no abnormality detected check box NAD.

Skin <input type="checkbox"/> Rash <input type="checkbox"/> Marks <input type="checkbox"/> Dehydration <input type="checkbox"/> Cyanosis <input type="checkbox"/> Jaundice – day ____ <input type="checkbox"/> NAD	Head <input type="checkbox"/> Head size <input type="checkbox"/> Swelling/bruising <input type="checkbox"/> Ant. fontanelle <input type="checkbox"/> Post. fontanelle <input type="checkbox"/> Craniosynostosis <input type="checkbox"/> NAD	Head Shape <input type="checkbox"/> Flattened occiput <input type="checkbox"/> Eccentric <input type="checkbox"/> Depressed frontal <input type="checkbox"/> Cone / elongated <input type="checkbox"/> Broad / wide <input type="checkbox"/> Average / NAD	Head/ Neck <input type="checkbox"/> Torticollis <input type="checkbox"/> Lateral tilt <input type="checkbox"/> Persistent Rotation <input type="checkbox"/> Hyperextension <input type="checkbox"/> Restricted motion <input type="checkbox"/> NAD
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Cranial Faults

L R

Frontal

Parietal

Temporal

Occiput

Sphenoid

Sutures

L R

Coronal

Lambdoid

A P

Metopic

Sagittal

Face <input type="checkbox"/> Bell's palsy <input type="checkbox"/> Eyelid Ptosis <input type="checkbox"/> Conjunctivitis <input type="checkbox"/> Nose <input type="checkbox"/> Lips <input type="checkbox"/> NAD	Eyes <input type="checkbox"/> Vision <input type="checkbox"/> Tracking <input type="checkbox"/> Pupil deviation <input type="checkbox"/> Pupillary response <input type="checkbox"/> Red reflex <input type="checkbox"/> NAD	Ears <input type="checkbox"/> Structure <input type="checkbox"/> Position <input type="checkbox"/> External canal <input type="checkbox"/> Otoscopic exam <input type="checkbox"/> Hearing <input type="checkbox"/> NAD	Mouth <input type="checkbox"/> Sucking <input type="checkbox"/> Swallowing <input type="checkbox"/> Gag reflex <input type="checkbox"/> Tongue movement <input type="checkbox"/> Palate high/ low <input type="checkbox"/> NAD
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Spinal Exam

_____ C0 _____

_____ C1 _____

_____ C2 _____

_____ C3 _____

_____ C4 _____

_____ C5 _____

_____ C6 _____

_____ C7 _____

_____ T1 _____

_____ T2 _____

_____ T3 _____

_____ T4 _____

_____ T5 _____

_____ T6 _____

_____ T7 _____

_____ T8 _____

_____ T9 _____

_____ T10 _____

_____ T11 _____

_____ T12 _____

_____ L1 _____

_____ L2 _____

_____ L3 _____

_____ L4 _____

_____ L5 _____

_____ Sac _____

_____ SI _____

Upper Extremity <input type="checkbox"/> Flexion <input type="checkbox"/> Asymmetry <input type="checkbox"/> Range of motion <input type="checkbox"/> Hypotonia <input type="checkbox"/> "Jittery" <input type="checkbox"/> NAD	Thorax/Abdomen <input type="checkbox"/> Clavicle Fracture <input type="checkbox"/> Chest shape <input type="checkbox"/> Breath sounds <input type="checkbox"/> Heart murmur <input type="checkbox"/> Abdominal exam <input type="checkbox"/> NAD	Lower Extremity <input type="checkbox"/> Inguinal skin folds <input type="checkbox"/> Hip joint motion <input type="checkbox"/> Legs <input type="checkbox"/> Knees <input type="checkbox"/> Ankles & Feet <input type="checkbox"/> NAD	Pelvis <input type="checkbox"/> Gluteal cleft <input type="checkbox"/> Gluteal folds <input type="checkbox"/> Leg length <input type="checkbox"/> Sacrum <input type="checkbox"/> Sacroiliac joints <input type="checkbox"/> NAD
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Deep Tendon Reflexes

0 1+ 2+ 3+	0 1+ 2+ 3+	0 1+ 2+ 3+
Biceps <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Patella <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Achilles <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Primitive Reflexes Check IPP box if reflex is absent, asymmetrical or sustained

NAD IPP	NAD IPP	NAD IPP	NAD IPP
<input type="checkbox"/> <input type="checkbox"/> Blink	<input type="checkbox"/> <input type="checkbox"/> Tonic neck	<input type="checkbox"/> <input type="checkbox"/> Suspension	<input type="checkbox"/> <input type="checkbox"/> Galant
<input type="checkbox"/> <input type="checkbox"/> Acoustic blink	<input type="checkbox"/> <input type="checkbox"/> Palmar grasp	<input type="checkbox"/> <input type="checkbox"/> Placing	<input type="checkbox"/> <input type="checkbox"/> Anal
<input type="checkbox"/> <input type="checkbox"/> Rooting	<input type="checkbox"/> <input type="checkbox"/> Moro	<input type="checkbox"/> <input type="checkbox"/> Stepping	<input type="checkbox"/> <input type="checkbox"/> Babinski

Indicate

Scoliosis

Subluxation

Muscle tension

INFANT HISTORY
7 months to 3 years

Today's Date: _____

Patient's Name: _____ Sex: M F Date of Birth: _____ Age: _____

HEALTH HISTORY

Chief Complaint: _____ Onset: _____

Yes No

- Has your child had colic? _____
- Has your child had any upper respiratory infections? How often? _____
- Has your child had asthma? _____
- Does your child ever complain of back or neck pain? _____
- Does your child ever complain of pains in the arms or legs? _____
- Does your child ever complain of headaches? _____
- Has your child had any earaches? At what age did the first earache occur? _____
- How frequently does your child have earaches? _____
- Does your child's earaches usually tend to occur in the same ear? Is it the: right left or both
- How your child had any other illnesses? Please list each illness and its approximate date: _____

- Is your child presently receiving any medication? _____
- Has your child ever been to a hospital or emergency room for evaluation or treatment?
- Has your child recently been vaccinated?

NUTRITION

- Is your child still being breast fed? If no, for how long was he/she breast fed? _____
If still breast-feeding, how much cow's milk does the mother consume each day? _____
- Is your child formula fed? Which formula or other milk source? _____
- Is your child eating solid food? What is your child's favorite food? _____
What foods does his/her diet contain? _____
- Does your child have any feeding difficulties? _____
- Does your child have any digestive disturbances? _____
- Does your child have any food allergies? _____
- Does your child have any persistent or intermittent skin rashes? _____
- Is your child receiving any vitamin supplements? _____

TRAUMA

- Has your child had any recent falls or trauma? If yes, describe the trauma and the date it occurred? _____

- Has your child ever fallen down stairs or fallen from any height? _____
- Has your child ever been in a motor vehicle collision or near-miss? _____
- Has your child ever had a bone fracture or joint dislocation? _____
- Has your child had any other trauma or injuries? _____
- Does your child ever bang his/her head repeatedly against a wall, bed or other object? _____

GROWTH AND DEVELOPMENT

- Can your child sit unsupported? At what age did your child start to sit-up? _____ mths.
- Is your child crawling yet? At what age did your child start crawling? _____ mths.
- Is your child walking yet? At what age did your child start to walk? _____ mths.
- Does your child often trip and fall? _____
- Do you have any other concerns about your child's growth and development? _____

- Do you have any other concerns about your child's health?

INFANT PHYSICAL EXAMINATION

7 months to 3 years

Today's Date: _____

Child's Name: _____

Check a box to indicate "no abnormality" or "within normal limits", otherwise write comment.

Head / Neck

- Head size _____
- Head shape _____
- Head position _____
- Neck ROM _____
- Lymph nodes _____

Upper Extremities

- Alignment _____
- Active ROM _____
- Passive ROM _____
- Muscle tone _____
- Co-ordination _____

Posture

- Ear level _____
- Shoulder level _____
- Scapulae _____
- Iliac crests _____
- Kyphosis _____
- Lordosis _____
- Scoliosis check _____

Lower Extremities

- Gait _____
- Co-ordination _____
- Alignment (seated) _____
- Patellar reflex _____
- Ortolani / Barlow tests _____
- Leg length _____
- Heel-to-buttock test _____

Skin

- Rashes _____
- Marks _____
- Pinch test _____
- Cyanosis _____

Eyes

- Vision – near / far _____
- Cover – uncover test _____
- Pupil alignment _____
- Tracking _____

Spinal Examination

	Cervical			Thoracic			Lumbar		
	L	B/L	R	L	B/L	R	L	B/L	R
Myospasm palpable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tenderness to palpation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Vital Signs

Temp _____ Height _____ Weight _____ Head circumf. _____ Pulse _____ Resp _____ BP _____/_____

Otoscopic Exam

	WNL	Impacted		Erythema		Light reflex
Left ear	<input type="checkbox"/>	<input type="checkbox"/>	mild	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> severe		Normal <input type="checkbox"/> Abn <input type="checkbox"/> Absent <input type="checkbox"/>
Right ear	<input type="checkbox"/>	<input type="checkbox"/>	mild	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> severe		Normal <input type="checkbox"/> Abn <input type="checkbox"/> Absent <input type="checkbox"/>
Hearing	<input type="checkbox"/> Tuning fork _____		<input type="checkbox"/> Locates sound _____			

Recommended further testing

- X-rays _____
- Lab test _____

Diagnosis: _____

Treatment plan: _____

Spinal Exam

- _____ C0 _____
- _____ C1 _____
- _____ C2 _____
- _____ C3 _____
- _____ C4 _____
- _____ C5 _____
- _____ C6 _____
- _____ C7 _____
- _____ T1 _____
- _____ T2 _____
- _____ T3 _____
- _____ T4 _____
- _____ T5 _____
- _____ T6 _____
- _____ T7 _____
- _____ T8 _____
- _____ T9 _____
- _____ T10 _____
- _____ T11 _____
- _____ T12 _____
- _____ L1 _____
- _____ L2 _____
- _____ L3 _____
- _____ L4 _____
- _____ L5 _____
- _____ Sac _____
- _____ SI _____

Indicate

- Scoliosis
- Subluxation
- Muscle tension

Cranial Exam

Open Fontanelles

- Anterior
- Posterior

Cranial Bones

- L R
- Frontal
 - Parietal
 - Temporal
 - Occiput
 - Sphenoid

Sutures

- L R
- Coronal
 - Lambdoid
- A P
- Metopic
 - Sagittal

PRE-SCHOOL CHILD HISTORY

3 years to 5 years

Today's Date: _____

Child's Name: _____ Sex M F Date of Birth _____ Age _____

HEALTH HISTORY

Well-child Exam Primary Complaint: _____ Onset: _____

Yes No

- Does your child complain of pain or discomfort? If yes, when did this occur? _____
Was onset: Sudden or Gradual Is problem: Constant or Intermittent
- Has your child ever had this problem before? _____
- Has your child previously been treated for this problem? By whom? _____
- Has your child previous had chiropractic care? Previous Chiropractor: _____
- Does your child ever complain of back or neck pain? _____
- Does your child ever complain of pains in the legs or arms? _____
- Does your child ever complain of headaches? _____
- Has your child had asthma? _____
- Is your child allergic to anything? _____
- Are there any smokers in the child's home? _____
- Has your child had any earaches? At what age did the child's first earache occur: _____
How frequently does your child have earaches? _____
In which ear do your child's earaches usually occur? Right Left Both
- Is your child presently taking any prescribed medication? _____
- Do you have any other concerns about your child's health?

Please list any other illness which has been a concern for your child.

Please list any surgeries your child has had

TRAUMA

- Has your child had any recent falls or trauma? Describe the trauma and the date if occurred _____
- Has your child ever fallen from a bicycle, skateboard, scooter, rollerblades or similar? _____
- Has your child ever fallen down stairs or fallen from a significant height? _____
- Has your child ever been in a motor vehicle collision or near-miss? _____
- Has your child ever had a bone fracture or joint dislocation? _____
- Has your child had any other trauma or injuries? _____
- Does your child ever bang his/her head repeatedly against a wall, bed or other object? _____

NUTRITION

- Do you have any concerns about your child's diet? _____
- Does your child have any food allergies? _____
- Does your child have any persistent or intermittently occurring skin rashes? _____
- Does your child take vitamin supplements? _____
- Does your child eliminate stools each day? _____

For how many months was your child breast-fed? _____

What does your child usually eat for Breakfast? _____

What does your child usually eat for Lunch? _____

What does your child usually eat for Dinner? _____

What does your child usually eat for Snacks? _____

How much cow's milk does your child drink each day? _____

What is your child's favorite food? _____

What type of fast foods does your child like to eat? _____

PRE-SCHOOL PHYSICAL EXAMINATION

3 years to 5 years

Today's Date: _____

Child's Name: _____

WNL Posture

- Head / Neck position _____
- Ear level _____
- Shoulder level _____
- Scapulae _____
- Kyphosis _____
- Lordosis _____
- Scoliosis check _____
- Iliac crests _____

Range of Motion: Cervical

- | | | | | |
|-------------------|--------------------------|---------|---|---|
| | | WNL | R | P |
| Flexion | <input type="checkbox"/> | ___/___ | | |
| Extension | <input type="checkbox"/> | ___/___ | | |
| Rotation – Rt | <input type="checkbox"/> | ___/___ | | |
| Rotation – Lt | <input type="checkbox"/> | ___/___ | | |
| Lat. flexion – Rt | <input type="checkbox"/> | ___/___ | | |
| Lat. flexion – Lt | <input type="checkbox"/> | ___/___ | | |

Thoraco-Lumbar

- | | | | |
|--------------------------|---------|---|---|
| | WNL | R | P |
| <input type="checkbox"/> | ___/___ | | |
| <input type="checkbox"/> | ___/___ | | |
| <input type="checkbox"/> | ___/___ | | |
| <input type="checkbox"/> | ___/___ | | |
| <input type="checkbox"/> | ___/___ | | |
| <input type="checkbox"/> | ___/___ | | |

For each movement indicate if WNL... Restricted or Painful

WNL Lower Extremities (Standing)

- Gait _____
- Co-ordination _____
- Knee position _____
- Ankle / Foot position _____

WNL Neck

- Muscle spasm _____
- Tenderness _____
- Lymph nodes _____

WNL Lower Extremities (Seated)

- Ankle / Foot alignment _____
- Stretch Reflexes Patellar R___ L___
- Achilles R___ L___

WNL Upper Extremities

- Shoulder ROM _____
- Elbow ROM _____
- Stretch Reflexes Biceps R___ L___
- Triceps R___ L___ Br'radialis R___ L___
- Muscle tone _____

WNL Lower Extremities (Supine)

- Leg length Rt. ___ins/cms Lt. ___ins/cms
- Hip ROM _____
- Knee ROM _____
- Ankle / Foot ROM _____

WNL Eyes

- Vision – near / far _____
- Cover-uncover test _____

WNL Lower Extremities (Prone)

- Femoral torsion _____
- Tibial torsion _____
- Leg Length Rt. Short Lt. short
- Derefleld R+ L+ R- L-
- Heel-to-buttock restriction Rt Lt

WNL Ears

- Rinne test _____
- Weber test _____

Otoscopic Exam

- | | | | | |
|--------------------------|---------|--------------------------|--------------------------|--------------------------|
| | WNL | Impacted | Erythema | Light reflex abnormal |
| <input type="checkbox"/> | Rt. Ear | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | Lt Ear | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Vital Signs

Height _____ Weight _____ Temp _____ Pulse _____ Resp _____ BP _____/_____

Further Testing

- X-rays _____
- Lab tests _____

Diagnosis _____

Treatment Plan _____

Check the WNL box if exam results are normal – otherwise, briefly document the problem.

Spinal Exam

Indicate Listing (PR, etc) Muscle tension Tenderness Scoliosis

- _____ C0 _____
- _____ C1 _____
- _____ C2 _____
- _____ C3 _____
- _____ C4 _____
- _____ C5 _____
- _____ C6 _____
- _____ C7 _____
- _____ T1 _____
- _____ T2 _____
- _____ T3 _____
- _____ T4 _____
- _____ T5 _____
- _____ T6 _____
- _____ T7 _____
- _____ T8 _____
- _____ T9 _____
- _____ T10 _____
- _____ T11 _____
- _____ T12 _____
- _____ L1 _____
- _____ L2 _____
- _____ L3 _____
- _____ L4 _____
- _____ L5 _____
- _____ Sac _____
- _____ SI _____

Cranial Exam

- L R
- Frontal
- Parietal
- Temporal
- Occiput
- Sphenoid

TMJ Exam

- L R
- Deviation
- Hypermobility
- Tenderness

SCHOOL-AGE CHILD HISTORY

6 years and Older

Today's Date: _____

Child's Name: _____ Sex M F Date of Birth _____ Age _____

Reason for today's visit: _____

When did this problem first occur? _____

Yes No

- Have you ever had this problem before? _____
 Have you previously been treated for this problem? Doctors Name: _____
 Have you previously been to a chiropractor? When: _____

ABOUT YOUR HEALTH

In the past year have you had any of the following.

- Back or neck pain? _____
 Pains in the legs or arms? _____
 Headaches? _____
 Asthma? _____
 Allergies? _____
 Earaches? _____
 Falls from a bicycle, skateboard, scooter, rollerblades or similar? _____
 Do you ever have a problem with bedwetting? _____
 Have you ever been in a motor vehicle accident? _____
 Have you ever had any broken bones? _____
 Have you ever had any surgeries? _____
 Are you at present taking any medications? _____
 Do you have any other health problems? _____

ABOUT YOUR LIFESTYLE

- What grade are you in at school? _____
How do you carry your school books? _____
How heavy is your school book bag? _____
What sports do you play? _____
What hobbies do you have? _____
How many hours each day do you watch TV? _____
How many hours each day do you spend using a computer? _____
How often do you play video games? _____
On average, how many hours sleep do you get each night? _____
Are there any smokers in your family? _____
Do you feel stressed out? _____
Do you have trouble reading the board in class? _____
Do you ever have blurred vision? _____
Do you wear glasses or contact lenses? _____
Do you sometimes get headaches when you read? _____
What do you usually eat for Breakfast? _____
What do you usually eat for Lunch? _____
What do you usually eat for Dinner? _____
What snacks do you have after school? _____
What is your favorite food? _____
How much water do you drink each day? _____
How many sodas or colas do you drink each day? _____
How often do you eat fast food items? _____

SCHOOL-AGE PHYSICAL EXAMINATION

6 years and Older

Today's Date: _____

Child's Name: _____

Well-child Exam Chief Complaint: _____ Onset: _____

WNL Posture

- Head / Neck position _____
- Ear level _____
- Shoulder level _____
- Scapulae _____
- Kyphosis _____
- Lordosis _____
- Scoliosis check _____
- Iliac crests _____

Range of Motion: Cervical

- | | | | |
|-------------------|--------------------------|---------|---|
| | WNL | R | P |
| Flexion | <input type="checkbox"/> | ___/___ | |
| Extension | <input type="checkbox"/> | ___/___ | |
| Rotation – Rt | <input type="checkbox"/> | ___/___ | |
| Rotation – Lt | <input type="checkbox"/> | ___/___ | |
| Lat. flexion – Rt | <input type="checkbox"/> | ___/___ | |
| Lat. flexion – Lt | <input type="checkbox"/> | ___/___ | |

Thoraco-Lumbar

- | | | | |
|-------------------|--------------------------|---------|---|
| | WNL | R | P |
| Flexion | <input type="checkbox"/> | ___/___ | |
| Extension | <input type="checkbox"/> | ___/___ | |
| Rotation – Rt | <input type="checkbox"/> | ___/___ | |
| Rotation – Lt | <input type="checkbox"/> | ___/___ | |
| Lat. flexion – Rt | <input type="checkbox"/> | ___/___ | |
| Lat. flexion – Lt | <input type="checkbox"/> | ___/___ | |

For each movement indicate if WNL... Restricted or Painful

WNL Lower Extremities (Standing)

- Gait _____
- Co-ordination _____
- Knee position _____
- Ankle / Foot position _____
- Sacroiliac ROM (Step test) _____

WNL Neck (Seated)

- Muscle spasm _____
- Tenderness _____
- Lymph nodes _____
- Compression test _____
- Distraction test _____

WNL Lower Extremities (Seated)

- Ankle / Foot alignment _____
- Stretch Reflexes Patellar R___ L___
Achilles R___ L___

WNL Upper Extremities (Seated)

- Shoulder ROM (Apley) _____
- Scapular ROM _____
- Forearm ROM _____
- Stretch Reflexes Biceps R___ L___
Triceps R___ L___ Br'radialis R___ L___
- Muscle strength _____

WNL Lower Extremities (Supine)

- Hip ROM (Fabere) _____
- Hip/ SI joint (Gaenslen) _____
- Straight leg raise _____
- Knee ROM _____
- Knee ligaments _____
- Ankle / Foot ROM _____
- Cross crawl _____
- Leg Length: Rt. ___ins/cms Lt. ___ins/cms

WNL Lower Extremities (Prone)

- Femoral torsion _____
- Tibial torsion _____
- Leg length Rt. Short Lt short
- Derefied R+ L+ R- L-
- Heel-to buttock restriction Rt. Lt

Vital Signs

Height _____ Weight _____ Temp _____ Pulse _____ Resp _____ BP _____/_____

Radiography

Views _____

Laboratory Testing

Tests _____

Diagnosis _____

Plan _____

Spinal Exam

Indicate
Listing (PR, etc)
M uscle tension
T enderness
S coliosis

- _____ C0 _____
- _____ C1 _____
- _____ C2 _____
- _____ C3 _____
- _____ C4 _____
- _____ C5 _____
- _____ C6 _____
- _____ C7 _____
- _____ T1 _____
- _____ T2 _____
- _____ T3 _____
- _____ T4 _____
- _____ T5 _____
- _____ T6 _____
- _____ T7 _____
- _____ T8 _____
- _____ T9 _____
- _____ T10 _____
- _____ T11 _____
- _____ T12 _____
- _____ L1 _____
- _____ L2 _____
- _____ L3 _____
- _____ L4 _____
- _____ L5 _____
- _____ Sac _____
- _____ SI _____

Cranial Exam

- L R
- Frontal
 - Parietal
 - Temporal
 - Occiput
 - Sphenoid

TMJ Exam

- L R
- Deviation
 - Hypermobility
 - Tenderness