



ONE DOLLAR PER DAY OF YOUR TRIP COST GOES TO SUPPORT ORPHANS IN OUR COUNTRY

Ascent Teacher Peak + Yukhin Peak Fixed dates 2025

Itinerary	Bishkek city – Uchitel peak – Osh city – Achik-Tash base camp – Camp 1 – Yukhina peak – Achik-Tash base camp – Osh
Trip grade:	Moderate 
Duration:	11 days, 10 nights
Available:	14-24 July; 21-31 July; 04-14 August; 15-25 August
Contact person:	Mr. Aleksey Ulyanchenko (travel-2@ak-sai.com)

This tour gives you the opportunity to climb two famous peaks of Kyrgyzstan - Uchitel Peak 4530 m and Yukhina Peak 5130 m. To climb these peaks you will not need special climbing equipment or special mountaineering training. It is enough to have good health and experience of trekking on madders and screes.

Uchitel Peak is located in the Ala-Archa National Park near the capital of Kyrgyzstan, Bishkek. The entire route is walked on scree and snow. Teacher Peak - Yukhin Peak - a peak in the Trans-Alai Range, in the northern spurs of Lenin Peak. From the top there is a breathtaking view of the North Wall of Lenin Peak (7134 m) and the Alai Valley.

IMPORTANT TO KNOW:

- Hotels are subject to change based on availability. If other housing is provided, the category will remain the same.
- Some program days may be subject to change due to safety/weather reasons.
- Transfer times are approximate as they depend on road/weather conditions.
- Transit times are approximate and depend on the weather and physical condition of the participants.
- The maximum altitude on the tour is 5130 m.
- A personal flask is highly recommended as we provide boiled water for the duration of the trek.

1 Day. Arrival in the city of Bishkek.

Arrival at Manas airport, meeting with guide and driver. Transfer to the hotel. After lunch, a short city tour of the city. Bishkek is the capital of the Kyrgyz Republic and the industrial center of the country. This city is famous for its wide avenues, beautiful buildings and Soviet heritage. We will go to the central square of the capital, where the monument to the national hero Manas is located, where we will have a short excursion. We will also be able to see the changing of the Guard of Honor on Ala-Too Square, the Kurmanjan Datka monument, and we will finish our tour on the Old Square, where the Government building is located. We will visit Victory Square, after which we will go to the Central Department Store (TSUM) to buy souvenirs.



Hotel (700 m)



35 km / 50 min



LD

2 Day. Ala-Archa National Park. Climbing Ratsek.

After breakfast, transfer to Ala-Archa National Park, located near the sunny capital of Kyrgyzstan, for an exciting hike.

Upon arrival at the territory of the former mountaineering camp, our trekking to Ratsek's hut will begin.

The route goes to the left of the main road and leads us into a forest for a further climb up the mountain, along the slope to a high-mountain camp. Among the other routes in the park, the climb to the hut is the most exciting!

Our main route will include: Alpine camp – “Broken Heart” – Tepshi plateau – Sharkyratma plateau – Waterfall – Ratsek camp.

Upon arrival, you will be able to settle down inside the hut and relax. Dinner at the camp.



Hut (3300 m)



+2500 m



45 km/1.5 hrs



BLD



6 km/4-5 hrs

3 Day. Acclimatization day.

Today is acclimatization day. After breakfast, a walk to Lake Knowledge and the Teacher's Hut. Lunch boxes for lunch. Travel time is 4-5 hours. Dinner and overnight in Racek's hut.



Hut (3300 m)



+600 m



BLD



- 600 m



6 km/5-6 hrs

4 Day. Ascent the Teacher Peak.

Early breakfast, ascent to Teacher Peak. The entire route is walked

on scree and snow. Lunchboxes for lunch. Descent to Raceka at lunchtime. Descent from Racek to the car, transfer to Bishkek. Hotel accommodation in Bishkek, dinner in a restaurant.

 **Hotel (800 m)**

 +1230 m

 **BLD**

 - 3730 m

 **11 km/5-7 hrs**

5 Day. Bishkek - Osh - Achik-Tash base camp.

In the morning, transfer to Manas airport, flight from Bishkek to Osh. Upon arrival in Osh, transfer to Achik-Tash Base Camp. Lunch boxes for lunch. Accommodation at the base camp in tents, dinner, rest.

 **Tent Camp (3600 m)**

 + 2800 m

 **300 km/5 ч**

 **BLD**

6 Day. Achik-Tash Base Camp – ridge of Petrovski peak.

Today, we may go a little further afield by climbing to the ridge of nearby Petrovskiy Peak at 4200 m, from where there are spectacular views of the valley below and the Achik Tash tract.

Also, it's possible to stay whole day in BC and have a rest and prepare and pack for the climb up to Camp 1 or ride paddle boards.

 **Tent Camp (3600 m)**

 + 600 m

 **8 km/4 hrs**

 **BLD**

 - 600 m

7 Day. Achik-Tash Base Camp – Puteshestvennikov pass – Camp 1.

Today, we go further to foothill of Lenin peak. After breakfast we go to "Camp 1" over Puteshestvennikov pass (4150m). The ascent to pass usually takes 1-1.5 hours by a good path. From the pass you'll see excellent views of Lenin peak and Lenin glacier. Sometimes there is snow on the pass.

Then we descend to the left moraine of the Lenin glacier and continue trek up some 3 hours. Further we should cross the river carefully. The best time for crossing is early morning, as the river rises rapidly throughout at this time. Across the left moraine of glacier to the Lenin glacier and hike to "Camp 1".

 **Tent Camp (4400 m)**

 + 900 m






 **10 km/4-5 hrs**

 **BLD**

8 Day. Camp 1 – Yukhin peak (5130 m) – Camp 1.






After breakfast we go to ascent Yukhin Peak (5,130 m). There is a breathtaking view to the North Face of Lenin Peak and Alai Valley from the top. The classical route does not involve steep rock or ice climbing and does not require special equipment.

After ascent we return to Camp1.

 Tent Camp (4400 m)	 + 730 m	 8 km/5-7 hrs
 BLD	 - 730 m	

9 Day. Camp 1 – Achik-Tash BC.

After the breakfast, we return to the Base Camp. Firstly, we hike up little bit, then going down for almost 4h. Upon arrival we'll take a well-deserved drink and shower!

 Tent Camp (3600 m)	 + 100 m	 8 km/5-7 hrs
 BLD	 - 800 m	

10 Day. Achik-Tash BC – Osh city.

We leave the mountain behind as we drive back to the city of Osh. We check-in to our hotel and have the rest of the day free to explore the town a bit or relax with a cold beer.

 Hotel (950 m)	 - 2600 m	 300 km/5 hrs
 BLD		

11 Day. Flight back home.

Transfer to the Airport to catch your flight back home.

		 10 km/5 hrs
 B		

END OF SERVICE

Photo of the tour –

https://drive.google.com/drive/u/1/folders/1bXc4XutxrC49UqTwz_8f630djf5JsLnf?q=sharedwith:public%20parent:1bXc4XutxrC49UqTwz_8f630djf5JsLnf

Price for 1 person in USD

	1500 USD
SINGLE SUPPLEMENT IN HOTELS:	80 USD
SINGLE SUPPLEMENT IN TENT CAMPS:	100 USD

Accommodation

Location	Type of accommodation	Nights
Bishkek city	Hotel 3* or similar	2
Osh city	Sun Rice Hotel 3* or similar	1
Raceka	Hut	2
Achik-Tash base camp	Stationary tents	3
Camp 1	Stationary tents	2
Total :		10

* Porter services during the trek:

Your personal luggage will be carried by horses or porters throughout the trek. The weight of your luggage should not exceed 12 kg per person. For each additional kilogram above the specified norm, an additional payment is 12 USD per program.

OBLIGATORY TO HAVE DURING THE TREK

- ✓ Waterproof trekking boots with ankle support
- ✓ Waterproof jacket or rain cape
- ✓ Sunhat or Cap with Ear and Neck Flap Cover
- ✓ Daypack 30 to 40 liters with rain cover
- ✓ Warm hat
- ✓ Sleeping bag (comfort rated -5°C, please ask about temperature)
- ✓ Trekking poles (highly recommended during stream crossings, steep incline or decline)
- ✓ Basic First Aid Kit including: antiseptic and antihistamine cream, throat lozenges, diarrhea treatment (Imodium), painkillers, plasters and blister treatment, insect repellent, and re-hydration salts
- ✓ Sun protection (including total bloc for ears, nose etc.)
- ✓ Fleece jacket or warm jumper
- ✓ Good quality sunglasses
- ✓ Warm gloves

- ✓ Trekking trousers
 - ✓ Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
 - ✓ Water purification tablets
 - ✓ Selection of dry bags (to keep trek bag contents, laptops, phones dry during trek)
 - ✓ Lipsticks
 - ✓ Headtorch and spare batteries
 - ✓ Thermal underwear
- Recommended to take a demi-season down jacket

OPTIONALLY TO HAVE DURING THE TREK

- ✓ 1 pair of tennis shoes or shoes for city walking
- ✓ Trainers / sandals for river crossings
- ✓ Socks (1 pair for 2 -3 days of trekking)
- ✓ 1 waterproof overtrousers
- ✓ 1 scarf to cover your hair (during the visits of mosques and churches)
- ✓ Shorts and/or swimwear (camps near lakes, hot springs or rivers)
- ✓ Buff/scarf (to protect against dust and cold)
- ✓ Washbag and toiletries
- ✓ Antibacterial handwash
- ✓ Small towel (fast dry material)
- ✓ Thermarest or similar sleeping mat (please note that sleeping mats 5sm with thin sleeping pad are provided during 3 classical trekking of Ak-Sai Travel)
- ✓ Pen-knife (remember to pack sharp objects in hold baggage)
- ✓ Repair kit – (eg. needle, thread, duct tape)
- ✓ Ear plugs against river noises, neighbor snoring

TIPS AND GRATITUDE:

In Kyrgyzstan tips are not obligatory, however, are welcomed by the serving staff. Tips are usually not included into the prices in Kyrgyzstan.

In the cafes/restaurants on the bills you can see Service 10% or 15%, but this is not tipping. This is their salary, what they will get paid. It is not bad to tip guides and drivers as well.

Tipping is an excellent way to show your appreciation of their services. To give you an idea of average tip is about 7-10 USD per day per person for all staff (drivers, guides, porters). Anyway, it is up to you, your level of satisfaction of their work and your possibilities.

