



ONE DOLLAR PER DAY OF YOUR TRIP COST GOES TO SUPPORT ORPHANS IN OUR COUNTRY

Pamir Adventures - 2025

Itinerary:	Osh city – Kozhokelen – Dzhyptyk pass – Alai valley – Sary Mogol – Achik Tash – Camp 1 – Ascent to Yukhin p. – Achik Tash – Osh city.					
Trip grade:	Moderate					
8	8 days, 7 nights					
Available:	June: 22-29 25-02.07. 29.06-06.07.	July: 02-09 06-13 -French group 16-23 20-27 - German group 23-30 27.07.-03.08	August: 03-10 - French group 06-13 10-17 - German group 13-20 17-24 20-27 24-31 27.08.-03.09.	September: 01-08		
Contact person:	Mr. Aleksey Ulyanchenko (travel-2@ak-sai.com)					

This tour is a good choice for tourists with moderate hiking experience and good physical fitness and health. The first part of the trekking, not difficult and not long, is laid in the picturesque foothills of the Pamirs - the Kozhokelen gorge and the Alai Valley - will allow us to acclimatize for the second part, where we will climb to heights of up to 5130 meters, Yukhin Peak, in the area of the majestic Lenin Peak - a colossal spectacle of the peak, the energy of the mountains and a very popular gathering place for climbing among climbers all over the world! Accommodation in comfortable camps along the way to the top with visits to the surrounding area and heights.

DETAILED PROGRAM

Day 1. Osh city – Kozho-Kelen village.

In the morning drive from Osh to Kozho-Kelen village. Along the road you can see exotic nature (mountains, meadows, flower fields and shepherd's life). As well visible on the way The Papan reservoir, that provides all Osh city residents with water and it is used for irrigation the agriculture of Kyrgyzstan and Uzbekistan. The road distance is 100 km and takes about 3.5 hours to reach the Kozho-Kelen, overnight in a local family's home.

The road goes along the Ak-Buura river and both sides of road surrounded with green juniper mountains. Upon arrival in Kozho-Kelen(2300m. asl) we will stay in the house of a local family and go on an acclimatization walk

(2-3 hours). Lunchboxes for lunch. We will visit Blue Grot and waterfall. The trail goes through narrow mountain canyons, where one can see unusual forms of cliffs and rocks.

Then we return back to the guesthouse and have a rest and dinner.

 **Tent Camp (2270 m)**

 **LD**

 + 1320 m
 - m

 **100 km /4hrs**

 **8 km /2-3hrs**



Day 2. Kozho-Kelen village – foot of Dzhyptyk pass.


After breakfast we start trekking along the mountain river to the foot of Dzhyptyk pass. This is a unique place that best addresses the meaning of the word “jailoo”, where eye catches the fantastic valley, snow-capped peaks of the majestic mountains, which are visible on the horizon.

Fabulously beautiful mountains, clean air, mountain spruce, junipers, natural drawings on the rocks harmoniously complement the landscape. Upon arrival to the tent camp dinner and overnight.

 **Tent Camp (3050 m)**

 **BLD**

 + 780 m
 - 0 m

 **11 km / 5-6 hrs**

Day 3. Foot of Dzhyptyk pass – Dzhyptyk pass (4185 m) – Alai valley - Achik-Tash base camp (3600 m).



Today we cross Dzhyptyk pass and get Alai valley. In the beginning we have a light trek through alpine meadows to upside of Dzhyptyk gorge, then we ascent to the pass along steep scree slope. The way to pass is take around 4-5 hours.

From top of pass you enjoyed a view of the Alai Valley and the majestic Pamir. If we be with luck and have a good weather, far away you can see seventhousander Lenin Peak and great panorama of Zaalay range.

After lunch we descend to gorge along old closed road to the "Rock Gate", where the car will be waiting for us. Transfer to the Achik-Tash base camp. Rest, dinner and accommodation in Achik-Tash.

 **Tent Camp (3600 m)**

 **BLD**

 + 845 m
 - 885 m

 **10 km / 6-8 hrs**

Day 4. Achik-Tash Base Camp – ridge of Petrovski peak.

Today, we may go a little further afield by climbing to the ridge of nearby Petrovskiy Peak at 4200 m, from where there are spectacular views of the valley below and the Achik Tash tract.

Also, it's possible to stay whole day in BC and have a rest and prepare and pack for the climb up to Camp 1 or ride paddle boards.

 **Tent Camp (3600 m)**

 + 600 m

 **8 km / 4 hrs**



BLD



- 600 m

Day 5. Achik-Tash Base Camp – Puteshestvennikov pass – Camp 1.

Today, we go further to foothill of Lenin peak. After breakfast we go to “Camp 1” over Puteshestvennikov pass (4150m). The ascent to pass usually takes 1-1.5 hours by a good path. From the pass you’ll see excellent views of Lenin peak and Lenin glacier. Sometimes there is snow on the pass.

Then we descend to the left moraine of the Lenin glacier and continue trek up some 3 hours. Further we should cross the river carefully. The best time for crossing is early morning, as the river rises rapidly throughout at this time. Across the left moraine of glacier to the Lenin glacier and hike to “Camp 1”.



Tent Camp (4400 m)



+ 800 m



14 km / 4-5 hrs



BLD



Day 6. Camp 1 – Yukhin peak (5130 m) – Camp 1.

After breakfast we go to ascent Yukhin Peak (5,130 m). There is a breathtaking view to the North Face of Lenin Peak and Alai Valley from the top. The classical route does not involve steep rock or ice climbing and does not require special equipment.

After ascent we return to Camp1.



Tent Camp (4400 m)



+ 730 m



8 km / 5-7 hrs



BLD



- 730 m

Day 7. Camp 1 – Achik-Tash BC.

After the breakfast, we return to the Base Camp
Firstly, we hike up little bit, then going down for almost 4h.
Upon arrival we’ll take a well-deserved drink and shower!



Tent Camp (3600 m)



+ 100 m



14 km / 4 hrs



BLD



- 800 m

Day 8. Achik-Tash BC – Osh city.

We leave the mountain behind as we drive back to the city of Osh.



- 2650 m



300 km / 6 hrs



Google map - <https://www.google.com/maps/d/edit?mid=171WYbkaSybBqCV-ZCy-qmIRJK72zk7E&usp=sharing>

Photo of the tour –

<https://drive.google.com/drive/u/1/folders/16VagpeKIM7TMRJbchmuOcXIQQWjW778Q?q=sharedwith:public%20parent:16VagpeKIM7TMRJbchmuOcXIQQWjW778Q>

PROGRAM PRICE IN 2025 PER PERSON

Price for 1 person in USD

	790 USD
Supplement for single tent accommodation in Base Camp and Camp 1:	100 USD

THE COST INCLUDES

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✓ Accommodation on TWIN/DBL base at hotels and tents – 9 nights.	✓ Single supplement in hotels / tents.
✓ Meals – full board including cook services during trekking days.	✓ Meals not included in the program, alcohol beverages.
✓ Transport services from arrival till departure.	✓ Insurances.
✓ Pack animal’s services (The packed weight of your trek bag while trekking should be no more than 12 kg of personal belongings . 1kg extra – 20 \$ per for the program).	✓ Sleeping bags.
	✓ All airfares.
✓ Entrance and ecological fees during all the tour.	✓ Photo/video fees at museums.
✓ Border permit to pass border zone	✓ Personal expenses, tips, porter fee in hotels.
	✓ Visa and visa support fee (if necessary).

SUGGESTED ACCOMMODATION

Location	Type of accommodation	Nights
Kozho-Kelen village	guest-house	1
Trekking camps	Yurt/tent camp	1
Base camp Achik-Tash	tent camp	3
Camp 1 (4400 m)	tent camp	2
TOTAL:		7

OBLIGATORY TO HAVE DURING THE TREK

- ✓ Waterproof trekking boots with ankle support
 - ✓ Waterproof jacket or rain cape
 - ✓ Sunhat or Cap with Ear and Neck Flap Cover
 - ✓ Daypack 30 to 40 liters with rain cover
 - ✓ Warm hat
 - ✓ Sleeping bag (comfort rated -5°C, please ask about temperature)
 - ✓ Trekking poles (highly recommended during stream crossings, steep incline or decline)
 - ✓ Basic First Aid Kit including: antiseptic and antihistamine cream, throat lozenges, diarrhea treatment (Imodium), painkillers, plasters and blister treatment, insect repellent, and re-hydration salts
 - ✓ Sun protection (including total bloc for ears, nose etc.)
 - ✓ Fleece jacket or warm jumper
 - ✓ Good quality sunglasses
 - ✓ Warm gloves
 - ✓ Trekking trousers
 - ✓ Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
 - ✓ Water purification tablets
 - ✓ Selection of dry bags (to keep trek bag contents, laptops, phones dry during trek)
 - ✓ Lipsticks
 - ✓ Headtorch and spare batteries
 - ✓ Thermal underwear
- Recommended to take a demi-season down jacket

OPTIONALLY TO HAVE DURING THE TREK

- ✓ 1 pair of tennis shoes or shoes for city walking
- ✓ Trainers / sandals for river crossings
- ✓ Socks (1 pair for 2 -3 days of trekking)
- ✓ 1 waterproof overtrousers
- ✓ 1 scarf to cover your hair (during the visits of mosques and churches)
- ✓ Shorts and/or swimwear (camps near lakes, hot springs or rivers)
- ✓ Buff/scarf (to protect against dust and cold)
- ✓ Washbag and toiletries
- ✓ Antibacterial handwash
- ✓ Small towel (fast dry material)
- ✓ Thermarest or similar sleeping mat (please note that sleeping mats 5sm with thin sleeping pad are provided during 3 classical trekking of Ak-Sai Travel)
- ✓ Pen-knife (remember to pack sharp objects in hold baggage)
- ✓ Repair kit – (eg. needle, thread, duct tape)
- ✓ Ear plugs against river noises, neighbor snoring

TIPS AND GRATITUDE:

In Kyrgyzstan tips are not obligatory, however, are welcomed by the serving staff. Tips are usually not included into the prices in Kyrgyzstan.

In the cafes/restaurants on the bills you can see Service 10% or 15%, but this is not tipping. This is their salary, what they will get paid. It is not bad to tip guides and drivers as well.

Tipping is an excellent way to show your appreciation of their services. To give you an idea of average tip is about 7-10 USD per day per person for all staff (drivers, guides, porters). Anyway, it is up to you, your level of satisfaction of their work and your possibilities.