# A Breeze Of Hope

# INTERNATIONAL SERVICE LEARNING TRIP





### Travel to Bolivia

Since 2004, A Breeze of Hope has taken volunteers to Bolivia to help improve the quality of life of local communities and provide volunteers with life changing cultural immersion experiences.

With the help of volunteers—including high school and college students, parents, and professionals—we have healed and restored the lives of hundreds of children who have endured tremendous hardship.

"I traveled to Bolivia to heal lives, but they ended up healing mine." S.R. (2005)

"This trip changed my life. Before I was just existing. Today I live a purpose driven life." M.F. (2009)



"My first trip to Bolivia was in 2006. I have been going every year since" P.J. (2006)

A Breeze of Hope is a 501(c)3 charitable non-profit in the Philadelphia area that works to restore the lives of survivors of sexual violence and help all children grow up in safe nurturing environments.



Venture to the heart of South America and explore Bolivia's diverse cultures, cuisines, traditional arts, and landscapes.



The most healing part of this trip is to let this little children know that they are loved and that someone cares for them. This is life changing for children who have endured so much pain and suffering. M.F. 2015

### What will you do?

While in Bolivia you will gain rich experience and knowledge by volunteering in our various programs. But above all, your love will help precious children heal from the hardships they have endured.

#### Education

You will volunteer at our Elementary school in Chilimarca, a marginalized urban neighborhood. Our school focuses on early childhood development and self-directed education based on values of love, respect, human rights, and family. Our goal is help each child reach his or her full potential and become an agent of positive community change.



### Psychology, Social Work, Legal

You will also volunteer at our specialized center for child and adolescent survivors of sexual violence (the only center of its kind in Bolivia!) There we provide survivors with free legal, social, and psychological support. Our center's broad ranging activities include recreational outings and alternative therapies, such as yoga, fit-ball, dance, and art.



### Health & Dentistry

If you're interested in public health, nursing, or medical school, you can also volunteer at our Health Center where you will shadow nurses and doctors. We also partner with local hospitals to provide you with an enriching and profound experience of medical and nursing practice in Bolivia.





And last but not least, you will volunteer in our rural program called *Learning from Differences* that focuses on community-based skills learning for children with disabilities. There amid breathtaking Andean valleys, ravines, and mountains, you will engage in follow-up visits and home renovation projects that improve quality of life for these precious children and their families.



## Logistics

You will stay at A Breeze of Hope's beautiful property in Cochabamba Valley, nestled in the foothills of the Andean mountains. There you will enjoy our walled compound complete with conference rooms, gardens, hair and nail salon, a spa, dining areas, sleeping quarters, and an amazing view of the valley and peaks.



Sleeping quarters are apartments, with several individual or paired rooms that share a common furnished kitchen, dining area, and bathroom. Each room has two bunk beds and space to accommodate personal belongings. Volunteers' quarters are divided into women's dorms and men's dorms. Linens and towels are provided.



#### Meals

Each day you'll enjoy delicious home cooked meals made with all natural fresh ingredients from local farms and Bolivia's rain forest. You'll also have plenty of tree-ripened fruit, handcrafted breads and pastries, local teas, and coffee for all your snacking needs! We accommodate dietary restrictions.

### Trip Structure

Each day will be filled with pre-planed activities and each group will have chaperones and trip facilitators that ensure each participant is safe and has a rich experience.

### **Application**

Our groups have limited space. Thus, in order to reserve a spot, your application must be submitted 7 months in advance. Some exceptions will be made if spots are available. Download your application at <a href="https://www.abreezeofhope.org/isle">www.abreezeofhope.org/isle</a>

### **Cost & Logistics**

2 week trips range from \$2,000 - \$2,500 3 week trips range from \$2,500-\$3,000 Cost includes room, board, local transportation, and tourism. We are happy to purchase your flight from Miami to Bolivia for an extra \$1,000. You are responsible for purchasing a ticket from your Departure City to Miami, where you will board a direct flight to Bolivia. We're glad to give you fundraising ideas!

#### **Dates**

Most of our trips are during summer break and winter break. Contact us for the next trip dates by emailing <a href="mailto:parkerpalmer@abreezeofhope.org">parkerpalmer@abreezeofhope.org</a> or calling 484-495-6598.











# Sight Seeing

During your time Bolivia, A Breeze of Hope staff and chaperones will take you out to explore some Bolivia's great sites! The particular areas you visit may vary.

You'll visit Lake Titicaca, the highest navigable lake in the world. You'll travel by boat to ancient Inca ritual sites, as well as tour Copacabana, a culturally vibrant shore town. After visiting Lake Titicaca, you'll explore the ruin's of one of the world's oldest empires—Tiwanaku.

You'll visit Bolivia's Rain Forest, enjoying natural parks, wildlife, local food, and high mountain jungle hiking in Incachaca, home to an Inca ritual bath site.

You will also visit Rural Andean Mountain Villages, where you will encounter daily life as it has been lived for centuries by farmers who

skillfully tame the step slopes of the longest mountain chain on the planet to produce some of the world's tastiest grains and potatoes.

You'll visit Cochabamba City, a thriving low valley metropolis known as Bolivia's shining star of culture, cuisine, and hospitality. While in Cochabamba, you will visit EI Cristo de la Concordia, the tallest Christ statue in the world. The Bolivian Government added several inches of hair just to make sure it's taller than the Christ Statue in Brazil!!!

We hope you'll join us for an amazing trip to Bolivia, where you'll serve those in need and learn about Bolivia's colorful culture and majestic landscape.



For more information about our work visit our website at: <a href="https://www.abreezeofhope.org">www.abreezeofhope.org</a> and follow us on:













