

Menu AUTUMN & WINTER



BREAKFAST

Flexible from
6.00am - 10.30am.
Menu in Dining Room.

SNACK TROLLEY

10.30am and 2.30pm
Tea, coffee, alcoholic & non-alcoholic
drinks, homemade delicacies &
fruit platter, supplement drinks.

DINNER

Noon-2.00pm

HIGH TEA

4.00pm - 6.00pm

SUPPER

6.00pm - 7.00pm
8.00pm - 10.00pm
Hot Milky Drinks, Tea, Coffee,
Sandwiches & Toasted Snacks,
Drink Supplements.

MONDAY

DINNER

Choice of Fruit Juices



Homemade Steak and Ale Pie
with creamed potatoes, sauté carrots and green beans

or

Oven Baked Cod
with creamy mashed potatoes, carrot batons, sprouts, & cauliflower



Semolina Pudding *with a winter berry compote*

HIGH TEA

Homemade Ham & Egg Flan with Mixed Side Salad
Eggs 'your way' *with potato waffles & fresh plum tomatoes*
Freshly Cut Sandwiches



Selection of Homemade Cakes & Fresh Fruit

TUESDAY

DINNER

Choice of Fruit Juices



Gammon & Pineapple

or

Locally caught Homemade Fish Pie
*both served with with chive cream sable potatoes, petit pois,
buttery cabbage & broccoli*



Bramley Apple & Sultana Crumble
with a rich vanilla custard

HIGH TEA

Spanish Omelette & French Fries
Cream of Mushroom Soup with Warm Bread Roll



Cheesy Scones / Choice of sandwiches

WEDNESDAY

DINNER

Choice of Fruit Juices



Savoury Mince and Herby Dumplings *or* Cod Goujons
both served with Lyonnaise potatoes, sprouts, sweetcorn & green beans



Pear & Almond Tart *with fresh cream*

HIGH TEA

Welsh Rarebit with Grilled Tomatoes
Homemade Quiche *with fresh seasonal salad*
Selection of Sandwiches



Strawberry Mousse / Fruit Scones

THURSDAY

DINNER

Choice of Fruit Juices



Roast Loin of Pork
with minted new potatoes, roast peppers, sliced carrots, & diced swede

or

Mediterranean Pasta Bake *with side salad*



Sticky Toffee Pudding *with creamy custard*

HIGH TEA

Mini Jacket Potato *with choice of fillings*



Selection of Homemade Cakes & Fresh Fruit

Available at anytime are hot drinks, lemonade, juices and fresh fruit, yoghurt, ice-cream / mousse. There is also an alternative menu available for vegetarian / cultural options. Special diets, including diabetic, gluten free, pureed, liquidised etc are also catered for. Wine, Sherry, Lager, Beer, Port or Whiskey are also available with meals. Snack & Hydration stations available at all homes.

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FRIDAY

DINNER

Choice of Fruit Juices



Fresh Battered Fish

or

Traditional Honey Roast Ham

both served with chunky chips, garden or mushy peas



Luxury Bread & Butter Pudding *with vanilla custard*

HIGH TEA

Savoury Crepes



Choice of Sandwiches



Selection of Homemade Cakes & Fresh Fruit

SATURDAY

DINNER

Choice of Fruit Juices



Slow Cooked Beef Stew

or

Scampi

*both served with saute potatoes, broccoli, cauliflower
and carrot batons*



Ginger Sponge *with creamy custard*

HIGH TEA

Sausages with Creamed Potatoes
in a rich onion gravy



Choice of Freshly Cut Sandwiches



Selection of Homemade Cakes & Fruit Medley

SUNDAY

DINNER

Choice of Fruit Juices



Roast Lamb *with mint sauce*

or

Roast Chicken *with Sage & Onion Stuffing
both served with Yorkshire pudding, creamy mashed
potato, cabbage, petit pois & roasted parsnips*



Fresh Cream & Sherry Trifle

HIGH TEA

Finger Buffet *with salad garnish*



Selection of Freshly Cut Sandwiches



Selection of Homemade Cakes



Gateaux & Fresh Fruit

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